

LNPIE

LAKSHMIBAI NATIONAL INSTITUTE OF PHYSICAL EDUCATION, GWALIOR

Category-1, Deemed to be University & 12 B Status Granted by the UGC
(Member of the International Association of Physical Culture & Sports University)
Government of India, Ministry of Youth Affairs & Sports



PROSPECTUS

Session 2024-25



Shakti Nagar, Mela Road,
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MESSAGE FROM THE VICE CHANCELLOR

Dear Prospective Students,

I am delighted to extend a warm welcome to you as you explore the prospectus for the academic session 2024-25. Our Institute, accredited A++ by NAAC in its second cycle, has been a beacon of excellence in Physical Education and sports since its establishment in 1957. Since its inception, institute has achieved many milestones, and is continuously working to be at par with the latest trends in the field of Physical Education. Being a residential institute, we take pride in our commitment to provide a conducive environment for academic, sports and overall excellence. Our holistic approach to education ensures that students not only excel in their chosen fields but also develop into able citizens who are ready to face the challenges of the world. One of our key strength is highly placed alumni, who have made their mark in Physical Education, Sports and related Industries, globally. Their Success stories are a testament to the quality of education and training providing at LNIPE, inspiring our current students to aim for greatness. We are also proud to maintain 100% placement record, with our graduates being highly sought after by leading organizations in the country. This is a testament to the quality of education and training provided at LNIPE, preparing our students for successful career ahead. As we continue to strive for excellence, we are in the process of actively implementing the guidelines of the National Education Policy (NEP) 2020, ensuring that our curriculum remains up-to-date and aligned with the evolving needs of the industry.



Institute offers varied undergraduate, postgraduate, diploma and Ph.D. programmes in offline, online and distance learning mode at LNIPE, Gwalior & Guwahati. It offers the wide range of courses to suit your interests and aspirations. I invite you to explore the opportunities available at Gwalior and NERC Guwahati and embark on a journey of learning, growth and success.

I look forward to welcome you and wish you the very best for a bright and successful future.

Prof. Indu Bora
Officiating Vice Chancellor

VICE CHANCELLOR (OFFICIATING)

Name
Prof. Indu Bora

REGISTRAR I/C

Name
Dr.Sanjeev Yadav

FINANCE OFFICER I/C

Name
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Prof. M.K. Singh	Chief Proctor
Prof. Joseph Singh	Dean - Academics
Dr. Krishna Kant Sahu	Dean- Physical Education & Allied Areas Director - IQAC
Dr. Shankar Jyoti Basumatary	Dean - NERC, Guwahati
Dr. Ashish Phulkar	Director - Open & Distance Learning
Dr. Dilip Tirkey	Director – Sports
Dr. Deepak Sharma	Director - Extension Services
Dr. Nibu R. Krishna	Dean - Students Welfare
Dr. Birendra Jhaghariya	Dean - Faculty of Sports Sciences

UGC-HRDC

Name	Designation
Prof. Anurodh Singh Sisodiya	Director I/c

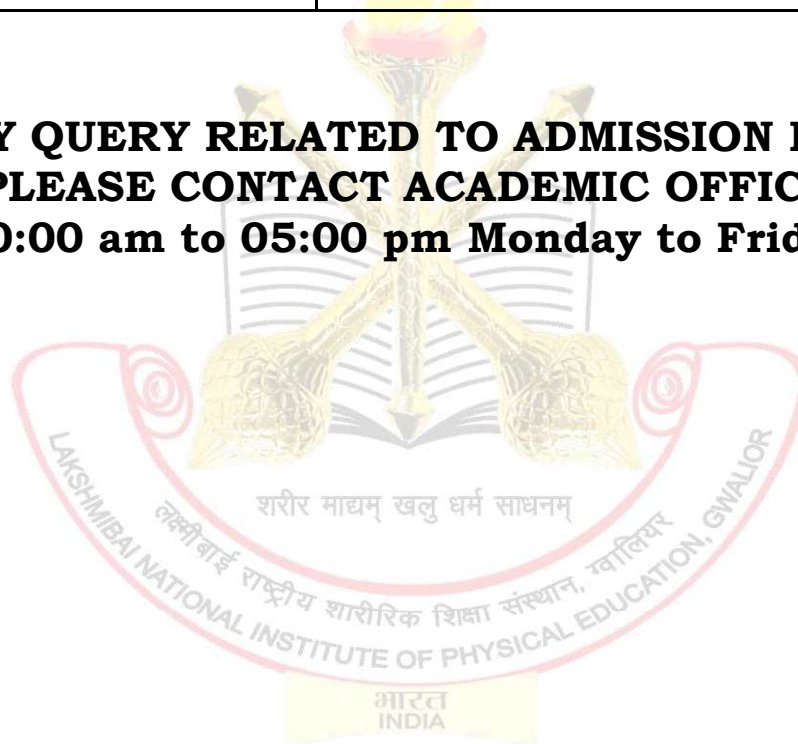
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Shri Amit Yadav	Deputy Registrar Establishment
Shri Bhaskar Jyoti Sarma	Assistant Registrar LNIPE-NERC, Guwahati
Shri Aditya Sharma	Academic Section Incharge
Shri Manoj Saxena	Administration Incharge

**FOR ANY QUERY RELATED TO ADMISSION PROCESS
PLEASE CONTACT ACADEMIC OFFICE
(10:00 am to 05:00 pm Monday to Friday)**



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1. LNIFE AT A GLANCE

1.1 ABOUT LNIFE, GWALIOR

- 1.1.1 Lakshmibai National Institute of Physical Education (LNIFE), Gwalior was established by the Ministry of Education & Culture, Government of India as Lakshmibai College of Physical Education (LCPE) in August 1957, the centenary year of the War of Independence under the able leadership of Padma Shri Dr. P.M. Joseph. It is located at Gwalior, where Rani Lakshmibai of Jhansi, a valiant heroine of the war, had laid her life during the First Freedom Struggle in 1857.
- 1.1.2 The Institute started as an affiliated college of Vikram University, Ujjain and then came into the fold of Jiwaji University, Gwalior in 1964. The Institute was given a status of national importance, and hence it was renamed Lakshmibai National College of Physical Education (LNCPE) in 1973. In recognition of its unique services and character and to facilitate its further growth, the college was conferred the status of an 'Autonomous College' of Jiwaji University, Gwalior in 1982.
- 1.1.3 In further recognition of the unique educational services rendered by the Institute in the field of Physical Education, Sports and Research, the Govt. of India, Ministry of Human Resource Development conferred the status of a "Deemed to be University" in September 1995 under Section 3 of U.G.C. Act, 1956. Hence, the Institute again renamed as Lakshmibai National Institute of Physical Education (LNIFE). The Institute is the only "Deemed to be University" in the field of Physical Education in India and enjoys a unique place of its kind in South East Asia.
- 1.1.4 The main purpose of establishing this Institute was to upgrade the status of Physical Education by producing quality teachers and leaders through graduate and post-graduate courses. For the first time in the country, three years' Bachelor of Physical Education (BPE) was started in 1957 and two years' Master of Physical Education (MPE) in 1963. In 1980, the then college reached yet another milestone and became the first Institution in India to have offered a one-year programme of Master of Philosophy (M.Phil.) in Physical Education. The Institute also admits candidates for Ph.D. programmes on a regular basis. The Institute offers various Certificate/Diploma/PG Diploma courses in different disciplines of Physical Education and Sports. The Institute also offers some courses on Online Distance Learning mode (ODL).
- 1.1.5 The duration of Bachelor of Physical Education (B.P.E.) course was initially three years. To bring it at par with other professional degree courses, as also to match the international standards, the duration of the course was extended to four years and renamed as Bachelor of Physical Education (B.P.Ed. 4-year Integrated). The National Council of Teacher Education (NCTE) has accorded recognition to this course. The 4-semester M.P.Ed. Degree Course also has recognition from the NCTE.
- 1.1.6 The Institute has been certified to the parameters of Integrated Management System (IMS) comprising of ISO 9001 (Quality Management System), ISO 14001 (Environmental Management System) and OHSAS 18001 (Occupational Health and Safety).

1.2 CAMPUS

- 1.2.1 The Lakshmibai National Institute of Physical Education (LNIFE) campus is located in Shakti Nagar, on Race Course Road, at a distance of about one kilometer from Gwalior Railway Station/Bus Stand. Gwalior is situated on the Agra-Mumbai national highway and on the main North-South rail route, about 320 km from New Delhi.
- 1.2.2 The Institute campus covers an area of about 153 acres and is residential. The buildings of the Institute consist of Academic Block, Laboratories, Research Block, Language Lab, Auditorium and Administrative Block. A state of the art Library Building with all modern facilities is available in the Campus, for the use of Staff, Students, Researchers and others. There are seven Boys Hostels & four Girls Hostels; separate Mess for boys and girls, Health Center. Sports facilities ranging from an Indoor and outdoor Swimming Pool, two Indoor Gymnasium Complexes, Fitness Center, Judo Hall, Table Tennis Hall, Weight Lifting & Weight Training Halls, Squash Rackets Complex, Air Conditioned Auditorium and Unique Multipurpose Hall for Badminton, Basketball and Volleyball. It also Houses a Climbing Wall, Shooting Range, Boxing Ring and Skating Rink. The Institute has also several other well laid Play Fields for Outdoor Games and Sports like Synthetic Hockey Field, Synthetic Track & Field, Cricket field with Indoor Pitch, Football fields, Handball courts, Basketball courts, Volleyball courts, Tennis courts, Kabaddi, Kho-kho, etc. The Institute's Library stocked with Professional Books and Literature. It subscribes to several Professional and Research Journals/Magazines/Periodicals and is undoubtedly the best of its kind in India. The Research Laboratories are also well equipped with Modern and Sophisticated Equipments to cater to the Scholarly needs of the students. The Institute also runs a UGC-HRDC to conduct orientation/refresher/various short-term courses for in-service teachers from all over the country.
- 1.2.3 The campus has a sufficient number of Residential Quarters to house its Faculty, Officers, and other Employees. The Campus also has fully furnished Guest Houses, Facility Center, Workshop, Bank Branch with ATM Facility and Post Office.

1.3 ABOUT LNIFE-NERC GUWAHATI

- 1.3.1 The Lakshmibai National Institute of Physical Education, North East Regional Centre, Guwahati has been established in 2009-10 after approval from Government of India vide letter No. 2-10/2009-ID dated 20.08.2009 and signing of a Memorandum of Understanding between Government of Assam and LNIFE on 14th May 2010.
- 1.3.2 The LNIFE, NERC, Guwahati is located at Tepesia Sports Complex, Sonapur-782402, Guwahati on the outskirts of Guwahati City (Assam) at half kilometer distance away from Guwahati – Dimapur National Highway 37, which was one of the venue for the 33rd National Games, 2007. LNIFE Guwahati is situated 45 kilometers from Guwahati Airport and 27 kilometer from Railway station towards the east.
- 1.3.3 LNIFE-North East Regional Center (NERC) at Guwahati (Assam) was established by the Institute from the academic session 2009-10 with the approval of Government of India. The Center offers B.P.Ed., M.P.Ed. and Ph.D. course.

- 1.3.4 The Institute building consists of an Academic Block & Administrative Block with resourceful Laboratories like; *Sports Psychology Lab, Sport Biomechanics Lab, sport Physiology Lab and Sport Training Lab* primarily focusing on research based studies. Institute also possesses one of the best library in physical education and sport in the entire North East.

1.4 AWARDS AND RECOGNITION

- 1.4.1 The Institute has NAAC accreditation with a CGPA of 3.79 on a seven point scale at A⁺⁺ Grade by National Assessment and Accreditation Council (the 3rd Cycle is in process).
- 1.4.2 The Institute has been graded as Category-I Deemed to be University by University Grant Commission (UGC) in 2018.
- 1.4.3 It has granted the status of Deemed to be University in 2018 under Section 12-B of the UGC Act, 1956.
- 1.4.4 It has awarded as “Excellent Institute of Physical Education in India” in the 11th National Education Summit & Awards 2017.
- 1.4.5 It also has awarded the India 2 Grand Jury Award in Sports and Co-Curricular Education in 2019.
- 1.4.6 Granted Membership of International Association of Physical Cultural and Sports Universities-2019 at Kazakhstan.
- 1.4.7 Chief Post Master General Madhya Pradesh Circle Bhopal released “Special Cover” on LNIFE for completing 60th years of excellence (Diamond Jubilee) in 2017.

1.5 OBJECTIVES

- 1.5.1 To prepare highly qualified leaders/teachers in the field of Physical Education, Sports/Games and other inter-disciplinary subjects.
- 1.5.2 To serve as a center of excellence and innovations in Physical Education and to undertake, promote and disseminate research and publish literature in this field.
- 1.5.3 To provide academic mentorship & leadership to other organisation in the field of Physical Education & sports.
- 1.5.4 To provide vocational guidance, counseling, consultancy and placement services.
- 1.5.5 To promote mass participation in Physical Education and Sports.
- 1.5.6 To undertake extension programmes and outreach activities to contribute in the development of society.
- 1.5.7 To develop and promote programme of Physical Education and sports/games in educational institutions and other organisations.
- 1.5.8 To act as a Nodal Agency/Resource Center in mentoring and guiding various Government and Non-Government Institutes/Agencies of Physical Education, Sports and Fitness.
- 1.5.9 To provide for instruction and training in such branches of learning as it may deem fit.
- 1.5.10 To do all such other acts and things as may be necessary or desirable to further the objectives of the Institute.

1.6 UNDER-GRADUATE PROGRAMME

1.6.1 Regular Courses :

- (i) Bachelor of Physical Education08 Sem.
- (ii) Diploma in Sports Coaching02 Sem.
(only for defense & para-military personnels)

1.6.2 Open and Distance Learning Courses :

- (i) Diploma in Sports Management02 Sem.
- (ii) Diploma in Sports Journalism02 Sem.
- (iii) Diploma in Yoga02 Sem.
- (iv) Diploma in Sports Analytics.....02 Sem.
- (v) Diploma in Sports Nutrition02 Sem.
- (vi) Diploma in Sports Psychology02 Sem.

1.7 POST-GRADUATE PROGRAMMES

1.7.1 Regular Courses :

- (i) Master of Physical Education04 Sem.
- (ii) M.A. (Sports Management)04 Sem.
- (iii) M.A. (Yoga)04 Sem.
- (iv) Post Graduate Diploma in Sports Coaching02 Sem.
- (v) Post Graduate Diploma in Fitness Management02 Sem.
- (vi) Post Graduate Diploma in Strength & Sports Conditioning02 Sem.
- (vii) Post Graduate Diploma in Yoga Education02 Sem.

1.7.2 Open & Distance Learning Courses :

- (i) Post Graduate Diploma in Sports Event Management02 Sem.

1.8 DOCTORAL PROGRAMMES

- 1.8.1 Doctor of Philosophy (Ph.D.) in Physical Education

1.9 FACULTIES

1.9.1 FACULTY OF PHYSICAL EDUCATION PEDAGOGY AND ALLIED AREAS

1.9.1.1 Department of Physical Education Pedagogy

The Department of Physical Education Pedagogy is continuously striving for excellence in Physical Education in terms of qualification, commitment and innovation; updated curriculum; teaching processes and technology.

The mission of the Department is to facilitate research and scholarly enquiry, to prepare quality professionals and to provide services in the field of Physical Education and Recreation. We embrace lifelong opportunities for discovery, learning and participation that contribute to a healthy lifestyle.

1.9.1.2 Department of Sports Management & Coaching

The Department offers various courses to prepare high quality, sport managers, physical fitness trainers, sports journalist, event managers and coaches in various games/sports with micro specializations, in

order to cater to the ever-increasing demand of the society and to uplift the standard of Indian sports.

1.9.1.3 Department of Yogic Sciences

The Department offers various courses for developing competency and enhancing skills in the field of Yoga. The main objective is to prepare Yoga experts to improve the health and quality of life of citizens.

1.9.1.4 Directorate of Open & Distance Learning

Directorate offers Post Graduate and Under Graduate Diploma Courses in Sports Management, Yoga, Sports Journalism, Sports Nutrition, Sports Analytics, Sports Event Management and Sports Psychology on Open & Distance Learning mode to cater the needs of students from various sphere of life.

1.9.2 FACULTY OF SPORTS SCIENCES

The objective of sports sciences course is to educate students in the fundamental scientific knowledge surrounding Physical Education, Sports Biomechanics, Sports Psychology and Exercise Physiology together with the skills to put knowledge into practice.

1.9.2.1 Department of Exercise Physiology

The Department aims to prepare qualified professionals at different levels to promote health and quality of life with appropriate physical activity and lifestyle behaviors. Exercise physiology is a rapidly evolving field that is becoming increasingly important in wellness, care of sportspersons and the delivery of health care. Exercise physiologists work to prevent or delay the onset of chronic disease in healthy participants or to provide therapeutic or functional benefits to patients with known diseases.

1.9.2.2 Department of Health Sciences

The Department aims to disseminate knowledge and proficiency in health care, fitness, total health through different courses by adopting a multidisciplinary approach. The objective is to re-orient the physical education professionals and other graduates in the field of health and fitness so as to generate vocational opportunities and provide services to the society for wellness and quality living.

1.9.2.3 Department of Sports Biomechanics

The Department of Sports Biomechanics caters the need of students in the area of analysis of human movements and sports techniques. Stress is laid on the development of in-depth knowledge in the area of science of sports techniques and its practical application. The graduates, after passing this course shall be able to analyse the efficiency of human movement and provide scientific backup in the area of sports techniques.

1.9.2.4 Department of Sports Psychology

The aim of Department of Sport Psychology is to understand the effects of psychological factors on physical performance and to understand the effects of participating in physical activity on

psychological development, health and well-being. The application of this understanding to real life cases is the essence of Sport Psychology.

1.10 HOSTEL AND MESS

It is mandatory for the students of B.P.Ed. and M.P.Ed. to reside in the hostels and take their meals in the mess. A booklet containing rules and regulations regarding discipline and conduct in the Institute's hostel and mess is given to the students at the time of admission.

1.11 HEALTH CENTER

The Institute Health Center provides treatment on a nominal fee i.e. Rs. 500/- per semester for ordinary injuries and ailments under the supervision of resident doctors. Physiotherapy treatment for sports related injuries is also available. In case of emergency, the students are referred to government-approved hospitals for further treatment. In such cases, they will have to pay the cost of treatment. Medical officers/wardens are authorized to sign on behalf of the parents/guardians for administration of anesthesia or any form of medical treatment involving risk in an emergency. All students are required to follow the Institute's rules regarding health and medical services. Students are also insured under group Mediclaim Policy.

1.12 CO-CURRICULAR ACTIVITIES

The Institute promotes cultural and literary activities through the Student Cultural Club and Literary Society respectively, by providing the students an opportunity to participate in dramatics, music, debates, symposia, quiz competitions etc. The students are encouraged to involve extensively in activities like NCC, NSS, Outreach Activities, Camping and Adventure Programmes to develop leadership qualities and all-round personality development.

1.13 SPORTS PARTICIPATION

Competitive sports are an integral part of the academic programme of the Institute. Since attaining the status of Deemed to be a University, the Institute teams directly participate in the Inter University Tournaments in various games and sports. The Institute teams also participate at different levels as per its policy.

1.14 ADMISSION AND RESERVATIONS

- 1.14.1 The Institute is co-educational and admits candidates from India and abroad. For all courses, the reservation policy of Government of India is applicable. (except for in-service candidate from defense and paramilitary for Diploma in Sports Coaching)
- 1.14.2 Three percent (3%) supernumerary seats in B.P.Ed. and M.P.Ed. courses shall be available for the dependant son/daughter of permanent employees including those on probation, retired and serving/retired/deceased employees; provided the candidates fulfill the minimum eligibility requirements and claims that he/she belongs to employee ward category in the application form. LNIPE employee wards category candidates are required to submit a certificate issued

by the Registrar of LNIPE after certifying their family details from service book of the concerned employee.

1.15 APPLICATION FOR ADMISSION

1.15.1 Application for admission in the following courses shall be made either through online or offline :-

1.15.1.1 **B.P.Ed., M.P.Ed.:** Online application through Central University Entrance Test (CUET) to be conducted by National Testing Agency (NTA) <https://cuetsamarth.ac.in>

1.15.1.2 **M.A. (Sports Management) ,M.A. (Yoga), Post Graduate Diploma in Sports Coaching, Post Graduate Diploma in Fitness Management, Post Graduate Diploma in Strength & Sports Conditioning and Post Graduate Diploma in Yoga Education :** Online application through Institute's Website : www.lnipe.edu.in

1.15.1.3 **Diploma in Sports Coaching (DSC) :** Offline application through Institute Website www.lnipe.edu.in, candidate has to download and fill the form, duly forwarded and signed by the competent authority and then scanned copy of form along with all the requisite documents (including online fee transaction receipt) should be mailed to aracademics@gwalior.lnipe.edu.in

1.15.1.4 **Ph.D. and Open & Distance Learning Programmes :** Online application through Institute's Website : www.lnipe.edu.in

1.15.2 Requisite documents to be submitted/uploaded are as follows for both online and offline application :-

1.15.2.1 Date of birth Certificate (Birth Certificate/Mark-sheet/ Certificate of Secondary examination).

1.15.2.2 Mark-sheet of the qualifying examination prescribed for respective courses.

1.15.2.3 Character certificate from the Institute last attended.

1.15.2.4 Medical Fitness Certificate along with application form as per format attached **Annexure-1**, failing which, the application form will not be accepted.

1.15.2.5 Caste Certificate (SC/ST/OBC-NCL), in prescribed format **Annexure-2** and **Annexure-3**.

1.15.2.6 Declaration regarding non-creamy layer (applicable for OBC-NCL candidates only) in prescribed format **Annexure-4**.

1.15.2.7 EWS Certificate in prescribed format **Annexure-5**.

1.15.2.8 PwD Certificate in prescribed format **Annexure-6**.

1.15.3 Application form and Testing Fee detail :-

1.15.3.1 Online application and testing fee is payable through Net Banking/Debit Card/Credit Card or Kiosk of NTA Online only and the course and admission center wise fee is as under :-

Name of the Course	Category	Application Fee for Online Written Test (to be paid to NTA)	Application Fee for Physical Fitness Test and Sports Skill Proficiency Test (to be paid to LNIPE)	Total Fee
B.P.Ed.	UR	750/-	1000/-	1750/-
	OBC-NCL/EWS	700/-	900/-	1600/-
	SC/ST/PwD	650/-	800/-	1450/-
	Centres outside India	3,750/-	2000/- To be tested in LNIPE, Gwalior	5750/-
M.P.Ed.	UR	T.B.A.	750/-	T.B.A.
	OBC-NCL/EWS	T.B.A.	700/-	T.B.A.
	SC/ST/PwD/Kashmiri Migrants	T.B.A.	650/-	T.B.A.
	Centres outside India	T.B.A.	1500/-	T.B.A.

Note : Application fee for physical fitness test sports skill proficiency test is required to be paid to LNIPE through SB Collect Gateway in online mode only.

1.15.3.2 The Entrance Exam for the Courses to be conducted at LNIPE, Gwalior Center :

Name of the Course	Category	Application Fee for Written Test (to be paid to LNIPE)	Application Fee for Sports Skill Proficiency Test/Yogic Practices (to be paid to LNIPE)	Total Fee
MA (Sports Management)	UR	500/-	1000/-	1500/-
	OBC-NCL/EWS	450/-	900/-	1350/-
	SC/ST/PwD/Kashmiri Migrants	400/-	800/-	1200/-
MA (Yoga)	UR	500/-	1000/-	1500/-
	OBC-NCL/EWS	450/-	900/-	1350/-
	SC/ST/PwD/Kashmiri Migrants	400/-	800/-	1200/-
DSC	N.A.	500/-	1000/-	1500/-
PGDSC	UR	500/-	1000/-	1500/-
	OBC-NCL/EWS	450/-	900/-	1350/-
	SC/ST/PwD/Kashmiri Migrants	400/-	800/-	1200/-
PGDYEd.	UR	500/-	1000/-	1500/-
	OBC-NCL/EWS	450/-	900/-	1350/-
	SC/ST/PwD/Kashmiri Migrants	400/-	800/-	1200/-
PGDFM and PGDSSC	UR	500/-	750/-	1250/-
	OBC-NCL/EWS	450/-	700/-	1150/-
	SC/ST/PwD/Kashmiri Migrants	400/-	650/-	1050/-
ODL Programmes	N.A.	750/-	N.A.	750/-

Name of the Course	Category	Application Fee for Written Test (to be paid to LNIFE)	Application Fee for Sports Skill Proficiency Test/Yogic Practices (to be paid to LNIFE)	Total Fee
Ph.D.	UR	1000/-	N.A.	1000/-
	OBC-NCL/EWS	900/-	N.A.	900/-
	SC/ST/PwD/Kashmiri Migrants	800/-	N.A.	800/-

T.B.A. = To Be Announced

N.A. = Not Applicable

Note: *Qualified Foreign Nationals/NRI candidates must apply through their respective embassy for their final registration at LNIFE, Gwalior.*

1.15.4 Candidates must deposit the **Application Fee for Written Test, Physical Fitness Test and Sports Skill Proficiency Test/Yogic Practices** (as applicable) to LNIFE through **SB Collect** gateway. Details are as under:-

1. Visit Online SBI web portal – <https://www.onlinesbi.sbi/sbcollect>
2. Select Category – **Educational Institute**
3. Search with Name – **LNIFE**
4. Select Result – **LNIFE Accounts**
5. **Fill required details and fill '0' in all fee related fields.**
6. **Fill total amount of FEE in 'Other' field.**
7. Submit the form and take printout of receipt generated by SB Collect.

1.16 FOREIGN NATIONALS/NRI CANDIDATES

Foreign Nationals/NRI candidates applying through Proper Channels/Diplomatic Channels in only portal i.e. through concerned Embassy or Indian Council for Cultural Relations shall only be admitted based on their credentials, attainment of minimum qualifying marks in Entrance Test and meeting acceptable standards in medical examination. For details, please refer to **Guidelines for Admission of Foreign Nationals/NRI candidates** at www.lnife.edu.in. At the time of registration, candidates need to submit NOC from their respective embassy.

1.17 GENERAL CONDITIONS FOR ADMISSION

The following conditions of admission shall apply to all the candidates seeking admission in different courses:-

- 1.17.1 Candidates expelled from any other Board/Institute/University or dismissed from Government service on disciplinary grounds and those who known as being involved in acts of crime and gross indiscipline or misconduct will not

be eligible for admission. The Institute may approach the police for verification in this regard. After admission, if anybody found guilty in this regard, he/she will have to discontinue the course.

- 1.17.2 The medium of examination shall be either Hindi or English for all the courses.
- 1.17.3 Admission will be granted to the candidates at their own risk and candidate will be liable for wrong information (if any) furnished by them. If, at any point of time, if it came to notice, then admission granted will be cancelled and the candidate shall be asked to leave the Institute.
- 1.17.4 All the selected candidates will be required to produce the certificates (uploaded at the time of online application) in original along with following documents at the time of registration after due process of counseling within the stipulated time period for this purpose:-
 - 1.17.4.1 Format of Affidavit by the student for Transfer/Migration Certificate is given in **Annexure-7**.
 - 1.17.4.2 Affidavit by the Student for Anti-Ragging (Rs. 100/- Stamp Paper) **Annexure-8**.
 - 1.17.4.3 Affidavit by the Parent/Guardian for Anti-Ragging (Rs. 100/- Stamp Paper) **Annexure-9**.
 - 1.17.4.4 The selected candidates need to download seat allotment letter from NTA and submit during registration.
- 1.17.5 Candidates failing to meet the stipulated guidelines in the qualifying examination shall not be eligible to appear in the admission test. Similarly, ineligible candidates (those who fail to deposit the required documents by the stipulated date), even after attaining a position in the merit list among provisionally selected candidates, shall not be eligible for admission.

1.18 SELECTION OF CANDIDATES

- 1.18.1 The provisionally selected candidates for B.P.Ed. and M.P.Ed. will undergo online counseling (choice of study center) for final selection.
- 1.18.2 The eligibility of candidates to appear in counseling shall be declared in their respective categories, which shall be purely provisional and based on declarations made by the candidates in their application forms. Therefore, the candidates are advised to fill-in the form carefully. If a candidate declares him/her passed qualifying examination and belonging to reserved category but the appropriate documents are not up to the satisfaction of the Institute or have not submitted at the time of admission, then his/her provisional selection shall stand cancelled automatically.
- 1.18.3 The provisionally selected candidates will be required to undergo a medical test conducted by the Institute. All those who pass medical test by the Institute's doctors shall be eligible for admission.

1.19 PAYMENT OF FEES

The provisionally selected candidates shall be required to pay the fee online as mentioned in the fee structure under different **Annexure-19 to 27** for various courses. In case any student fails to deposit the fee within the stipulated period, his/her

admission shall stand cancelled and other candidates will be admitted through counseling.

Bank Name	: HDFC Bank, City Centre Branch, Gwalior
IFSC Code	: HDFC0000192
Account Holder's Name	: LNIPE Fee Collection
Account Number	: 99997800009999

Payment Gateway/POS

- | | |
|--|---------------------------------------|
| 1. For Credit Card (Visa/Master/Rupay) | - 1% on surcharge model (on Students) |
| 2. For Debit Card (Above Rs. 2000/-) | - NIL |
| 3. For Debit Card (upto Rs. 2000/-) | - NIL |
| 4. One-time Integration Fee | - NIL |
| 5. Annual Maintenance Charge | - NIL |
| 6. Net Banking (All Bank) | - NIL |
| 7. UPI | - NIL |

1.20 ATTENDANCE, CONDUCT, REFUND OF FEE AND CAUTION MONEY

- 1.20.1 The Institute expects 100% attendance from the students in each subject/activity/area of the total curriculum but, due to medical leave/personal leave, etc., a relaxation of 15% may be given. In exceptional and deserving cases, the Vice-Chancellor may give further relaxation of up to 10% in attendance. Prior to one month from the date of semester examinations the student must have complete 85% attendance. In exceptional and deserving cases, the Vice-Chancellor may give further relaxation of up to 10% in attendance.
- 1.20.2 Students are expected to maintain exemplary conduct inside and outside the Institute. Breach of Institute rules may result in disciplinary action including expulsion from the Institute and the Institute reserves the right to make changes in the rules at any time, which shall be notified to the students for their compliance. All the disciplinary cases of the students shall be dealt with as per the Students' Rule Book. At the time of admission, every student shall be required to sign a declaration to the effect that he/she submits himself/herself to the disciplinary jurisdiction of the Vice-Chancellor and other statutory bodies/authorities of the Institute.
- 1.20.3 Refund of fee to the students shall be regulated as per the UGC norms as revised from time to time.
- 1.20.4 Refund of caution money (if due) shall be made by the Institute only after the declaration of the final result of the course and on production of the No Dues Certificate.
- 1.20.5 Students are advised to visit notice boards regularly, displayed at different places pertaining to academic matters. They should also visit "Student's Corner" at the homepage of the Institute website.
- 1.20.6 The students shall be supplied a copy of the Institute Rule Book after the admission.

1.21 UNIFORM

It is mandatory for the students to procure uniform/sports kit from the market, strictly as per the sample provided/displayed by the Institute for their respective course(s) within stipulated time. Please refer Annexure-28.

1.22 SPORTS EQUIPMENT

All the students have to procure personal equipment as specified for different games/sports on their own.

1.23 CLOTHING AND OTHER REQUIREMENTS

Due to extreme weather conditions, both at Gwalior and Guwahati, the temperature ranges between 35°C to 45°C in summers, and 5°C to 12°C in winters. Hence, the students are advised to bring appropriate bedding and clothing.

1.24 SCHOLARSHIPS

1.24.1 MERIT SCHOLARSHIP

The Merit Scholarship shall be awarded as per Institute rules approved by competent authority.

1.24.2 SPORTS SCHOLARSHIP

The Sports Scholarship awarded as per Institute rules.

1.24.3 Ph.D. SCHOLARSHIP

The Ph.D. Scholarship awarded as per Institute rules.

1.24.4 PROF. R.P. SHARMA SCHOLARSHIP

The best footballers (one male and one female) will be awarded this scholarship amounting to Rupees one thousand (Rs. 1000/-) each year from the interest of the fixed deposit made by the family members of (Late) Prof. R.P. Sharma.

1.24.5 OTHER SCHOLARSHIPS

Most of the States and Union Territory Governments offer scholarships to their domiciled students. In addition, scholarships are also awarded by the North East Council. As per the directives of the University Grants Commission, all the eligible SC/ST/OBC-NCL students should submit their scholarship form for the academic year by February for processing the scholarship.

Note : *Award of any scholarship is liable to be withdrawn in case of unsatisfactory work or misconduct.*

1.25 AWARD OF DEGREE/DIPLOMA

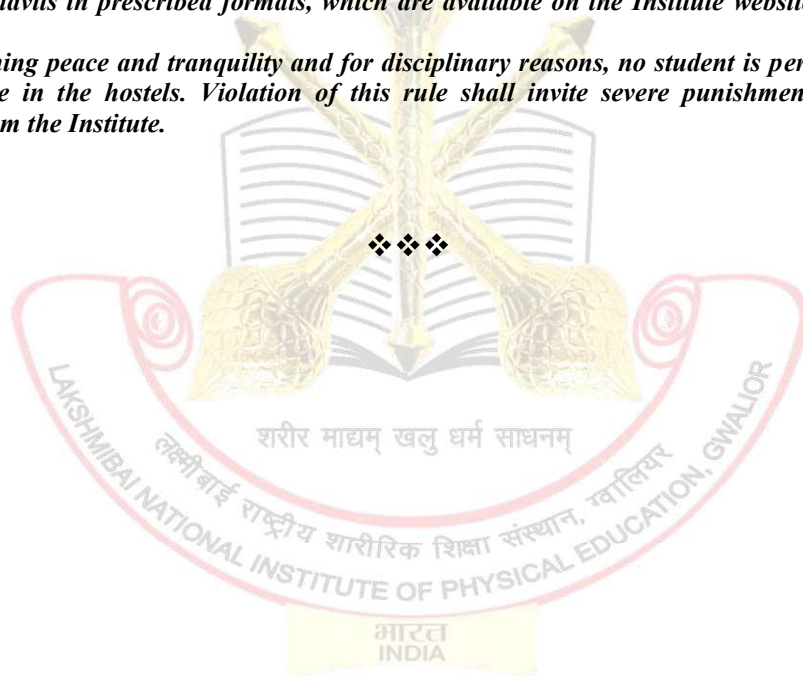
The selected candidates shall be awarded with the Degree/Diploma of respective courses/program, subject to successful completion of the examination as per requirements prescribed under the rules/scheme of examination of the relevant courses, which is available on Institute website www.lnipe.edu.in.

1.26 The proposed courses will run subject to administrative feasibility.

- 1.27** The Institute has a right to alter or modify contents of the prospectus as per the administrative feasibility.
- 1.28** This prospectus supersedes all previous prospectus and their contents cannot be considered for any legal purposes. However, all disputes shall be subject to Gwalior Jurisdiction.
- 1.29** The cost of online and offline application is non-refundable.

Note:

- (i) *Ragging of any kind is strictly prohibited/banned in the Institute campus as per the government orders and existing laws. Anybody found indulging in ragging shall be strictly dealt with as per the existing laws. As per the orders of Hon'ble Supreme Court of India, if any incident of ragging comes to the notice of the authority, the concerned student/s shall be given liberty to explain and if his explanation is not found satisfactory, the authority would not hesitate to expel such student/s from the Institute.*
- (ii) *As per the UGC Regulation on Curbing the Menace of Ragging in Higher Educational Institutions 2009 as amended from time to time, all the students enrolled in various courses and their parents shall submit separate affidavits in prescribed formats, which are available on the Institute website as well as in the prospectus.*
- (iii) *For maintaining peace and tranquility and for disciplinary reasons, no student is permitted to keep any motor vehicle in the hostels. Violation of this rule shall invite severe punishment to the extent of expulsion from the Institute.*



2. INFORMATION FOR ADMISSION TO VARIOUS COURSES AT LNIPE, GWALIOR AND LNIPE-NERC, GUWAHATI FOR THE SESSION 2024-25

REGULAR COURSES

Name of Course	Course Duration	Minimum Eligibility Criteria (for detail visit Website)	Total Seats/ Study Center						
Bachelor of Physical Education (B.P.Ed.) (Integrated)	8 Semesters	10+2	100 / LNIPE, Gwalior 100 / NERC-LNIPE, Guwahati						
Master of Physical Education (M.P.Ed.)	4 Semesters	B.P.Ed.	80 / LNIPE, Gwalior 40 / NERC-LNIPE, Guwahati						
M.A. (Sports Management)	4 Semesters	Graduation	15 / LNIPE, Gwalior						
M.A. (Yoga)	4 Semesters	Graduation	30 / LNIPE, Gwalior						
Diploma in Sports Coaching (DSC) (Athletics, Basketball, Football, Handball , Hockey, Boxing and Volleyball)	2 Semesters	10+2	25 / LNIPE, Gwalior (In each Sports/Game)						
Post Graduate Diploma in Sports Coaching (PGDSC) (Athletics, Basketball, Badminton, Cricket, Football, Handball, Hockey, Judo, Kabaddi, Swimming, Volleyball, Boxing and Wrestling)	2 Semesters	Graduation	20 / LNIPE, Gwalior (In each Sports/Game)						
Post Graduate Diploma in Fitness Management (PGDFM)	2 Semesters	Graduation	20 / LNIPE, Gwalior						
Post Graduate Diploma in Strength & Sports Conditioning (PGDSSC)	2 Semesters	Graduation	20 / LNIPE, Gwalior						
Post Graduate Diploma in Yoga Education (PGDYEd.)	2 Semesters	Graduation	30 / LNIPE, Gwalior						
Doctor of Philosophy (Ph.D.) Programmes : • Physical Education	—	Post-Graduation	<table><tr><th>Area</th><th>Gwalior</th><th>Guwahati</th></tr><tr><td>Physical Education</td><td>T.B.A.</td><td>T.B.A.</td></tr></table>	Area	Gwalior	Guwahati	Physical Education	T.B.A.	T.B.A.
Area	Gwalior	Guwahati							
Physical Education	T.B.A.	T.B.A.							

OPEN AND DISTANCE LEARNING COURSES

Name of Course	Course Duration	Minimum Eligibility Criteria (for detail visit Website)	Study Center
Diploma in Sports Management (DSM)	2 Semesters	10+2	LNIPE, Gwalior
Diploma in Sports Journalism (DSJ)	2 Semesters	10+2	LNIPE, Gwalior
Diploma in Yoga (DY)	2 Semesters	10+2	LNIPE, Gwalior
Diploma in Sports Analytics (DSA)	2 Semesters	10+2	LNIPE, Gwalior
Diploma in Sports Nutrition (DSN)	2 Semesters	10+2	LNIPE, Gwalior
Diploma in Sports Psychology (DSP)	2 Semesters	10+2	LNIPE, Gwalior
Post Graduate Diploma in Sports Event Management (PGDSEM)	2 Semesters	Graduation	LNIPE, Gwalior



3. BACHELOR OF PHYSICAL EDUCATION (B.P.Ed.)

[Eight-Semesters]

3.1 ADMISSION SCHEDULE

Online Submission of Application Form	Notifications as per CUET - NTA
Last date of successful transaction of Admission Test fee	Notifications as per CUET - NTA
Correction in Particulars of Application form on Website only	Notifications as per CUET - NTA
Downloading of Admit Cards from the NTA website	Notifications as per CUET - NTA
Display of Recorded Responses and Answer Keys	Notifications as per CUET - NTA
Declaration of Written Test Result on the NTA website	To be announced later on the website
Tentative Date of Physical Fitness Test and Sports Skill Proficiency Test at Gwalior	To be Announced
Tentative Date of Physical Fitness Test and Sports Skill Proficiency Test at Guwahati	To be Announced
Declaration of Final Results (Written Test + Sports Skill Proficiency Test) on the Websites	To be Announced
Seat Allotment Letter (Online)	To be Announced
Medical Examination dates (at study center after selection)	To be Announced
Date of Registration and Payment of Fee (Online)	To be Announced

3.2 COUNSELING SCHEDULE

Schedule	1 st Phase	Up-gradation of seat and 2 nd Phase
Choice Filling Dates (Online)	To be Announced	
Seat Allotment Letter (Online)	To be Announced	
Medical Examination dates (at study center after selection)	To be Announced	
Date of Registration and Payment of Fee	To be Announced	
Collecting Admission Slip by the selected candidates from the office of the Academic Section.	To be Announced	
Commencement of Classes/Orientation	To be Announced	

Note :

- Total number of candidates for counseling shall be 50% more than the available seats in each category.
- The vacancies created after closing the counseling of 1st Phase will be upgraded first by the already registered candidates who have given option for the up-gradation at both the study centers. Remaining vacancies, at both the centers will be filled by the candidates from waiting list on merit basis.

(iii) The candidates who were upgraded after 1st Phase of counseling will not be permitted to retain their original seat and center allotted to them.

3.3 SEATS AVAILABLE

3.3.1 Division and Reservation of seats at **LNIPE, Gwalior** :

Category	Men [70]	Women [30]	Total Seats 100
UR	35	15	50
SC (15%)	11	5	16
ST (7.5%)	5	2	7
OBC-NCL (27%)	19	8	27
EWS (10%) (Supernumerary)	07	03	10
PwD	As per GOI norms		
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	03	02	05
Ward of regular LNIPE staff (Supernumerary)	03		03

3.3.2 Division and Reservation of seats at **LNIPE-NERC, Guwahati** :

Category	Men [70]	Women [30]	Total Seats 100
UR	35	15	50
SC (15%)	11	5	16
ST (7.5%)	5	2	7
OBC-NCL (27%)	19	8	27
EWS (10%) (Supernumerary)	07	03	10
PwD	As per GOI norms		
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	03	02	05
Ward of regular LNIPE staff (Supernumerary)	03		03

Note : Seats for Foreign National candidates will be supernumerary.

3.4 ELIGIBILITY FOR ADMISSION

A candidate shall be eligible to appear in admission test:

- 3.4.1 If he/she has passed Senior Secondary Certificate Examination (10+2) or Intermediate/equivalent examination from any recognized Education Board/ University etc. with at least 50% Marks for UR and OBC-NCL categories and 45% Marks for SC/ST category, PwD, Kashmiri Migrants & Kashmiri Pandit/ Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
- 3.4.2 The maximum age of the candidate shall be 21 years as on 1st July, 2024 which shall be further relaxed up to 3 years for OBC-NCL Candidates and 5 years for SC/ST Candidates.

- 3.4.3 For any other relaxation related to age and percentage of marks, the advisory issued by Government of India from time to time will be applicable.

Note :

- (i) *All the candidates appearing in Supplementary / Compartment in qualifying examinations for the session 2023-24 are eligible to appear in Entrance Test, but their final results must be declared on or before the last date of Registration.*
- (ii) *Candidates should note that no "CALL LETTER" for the Entrance Test shall be sent to them by Post. They should download the admit card Online after filling up the Online Admission Form.*

3.5 CHOICE OF STUDY CENTER

All the candidates applying for B.P.Ed. admission shall give their choice of study center.

Study Center-1 : LNIPE, Gwalior
Study Center-2 : LNIPE-NERC, Guwahati

Note : *There shall be no migration permitted from one study center to another study center for entire duration of course.*

3.6 ADMISSION PROCEDURE

- 3.6.1 The admission process for B.P.Ed. will comprise of three components Written Test, Physical Fitness Test and Sports Skill Proficiency Test. The Merit will be based on aggregate of Written Test and Sports Skill Proficiency Test :

S. No.	Admission Test	Weightage
1.	WRITTEN TEST (Online) to be conducted by NTA as part of CUET. https://cuet.samarth.ac.in https://cuet.samarth.ac.in/index.php/app/info/eligibility?q=LNIPE	40
2.	SPORTS SKILL PROFICIENCY TEST	60
3.	PHYSICAL FITNESS TEST (Only those candidates who qualify fitness test will be considered for merit).	

Note : *Candidates if found absent in any above mentioned component will be disqualified.*

- 3.6.2 **SPORTS SKILL PROFICIENCY TEST** for admission to B.P.Ed. program will be conducted at two centers i.e. LNIPE Gwalior and LNIPE-NERC Guwahati in below mentioned games/sports:

3.6.2.1 LNIPE, Gwalior:

Badminton, Basketball, Cricket, Football, Gymnastics, Handball, Hockey, Judo, Kabaddi, Kho-Kho, Power Lifting/Weight Lifting, Squash, Swimming, Table-Tennis, Tennis, Track & Field, Volleyball Wrestling & Yoga.

3.6.2.2 LNIPE, NERC, Guwahati:

Archery, Badminton, Basketball, Cricket, Cycling, Football, Gymnastics, Handball, Hockey, Judo, Kabaddi, Kho-Kho, Power Lifting/Weight Lifting, Swimming, Table-Tennis, Tennis, Track & Field, Volleyball & Yoga.

- 3.6.3 **PHYSICAL FITNESS TEST** will be conducted at two centers LNIPE, Gwalior and LNIPE-NERC, Guwahati. Marks will be awarded in Physical Fitness on the basis of performance in following four events (400 marks) :-

- | | |
|--------------------------|---------------------------|
| (a) 50 meters Sprint | (b) Standing Broad Jump |
| (c) Over Head Back Throw | (d) 1000 meters Run/Walk. |

The norms to convert the performance into points are given in **Annexure-12 to 15.**

Note :

- (i) *Candidates if found absent in any test event/events will be disqualified.*
- (ii) *Qualifying marks for Physical Fitness Test is 60% for UR/EWS/OBC-NCL and 55% for SC/ST.*
- (iii) *At the time of Physical Fitness Test and Sports Skill Proficiency Test, candidate should abide by the guidelines issued by the Government of India/concerned State Government regarding COVID-19.*

3.7 DIRECT ADMISSION

3.7.1 Direct admission will be provided to the candidates who have represented India in designated International Championship such as Junior and Senior World Championships, Junior and Senior World Cups, Junior and Senior Asian Championships, Junior and Senior Asian Cups, Common Wealth Games, Asian Games, Afro-Asian Games, SAF Games, World School Games/World Schools Championship in the following games and sports:

3.7.1.1 LNIPE, Gwalior

Badminton, Basketball, Cricket, Football, Gymnastics, Handball, Hockey, Judo, Kabaddi, Kho-Kho, Power Lifting/Weight Lifting, Squash, Swimming, Table-Tennis, Tennis, Track & Field, Volleyball Wrestling & Yoga.

3.7.1.2 LNIPE-NERC, Guwahati

Archery, Badminton, Basketball, Cricket, Cycling, Football, Gymnastics, Handball, Hockey, Judo, Kabaddi, Kho-Kho, Power Lifting/Weight Lifting, Swimming, Table-Tennis, Tennis, Track & Field, Volleyball & Yoga.

Note :

- (i) *The Test and Study center for Archery and Cycling will be only at LNIPE-NERC, Guwahati.*
- (ii) *The Test and Study center for Squash and Wrestling will be only at LNIPE, Gwalior.*

3.7.2 Representation shall be in such games/sports, which are approved and funded by MYAS/IOA. Such participation must be after 01st July, 2020. All such candidates who will fulfill above-mentioned criteria are entitled or will be granted direct admission.

3.7.3 All such candidates who wish to be considered for direct admission shall mandatorily apply on National Testing Agency (NTA) and upload all the documents along with sports achievements certificate. In case if the candidate is not considered for direct admission, he/she has to appear in Online Test like other candidate.

Note:

- (i) *The candidates with such participation in Sports/Games will be given age relaxation of 3 years, which shall be applicable to each and every category i.e. UR, OBC-NCL, SC & ST. The age will be reckoned as on 01st July, 2024.*
- (ii) *Participation of applicant in any kind of International Invitational Tournaments shall not be considered for Direct Admission.*

- (iii) *List of eligible candidates for Direct Admission will be uploaded on Institute's website : www.lnipe.edu.in*

3.8 FEMALE CANDIDATES

Married women are not eligible for admission.

3.9 FEE STRUCTURE

Each Student shall pay the prescribed fee as given in **Annexure-17**.

3.10 UNIFORM

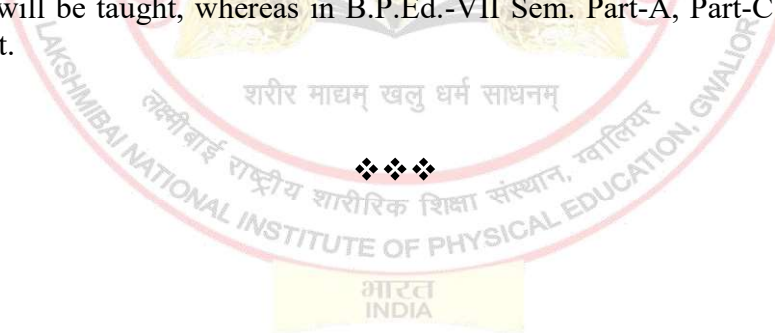
Uniform will be procured by student as per **Annexure-26**.

3.11 COURSE INFORMATION

Duration of the course is 4 years (eight-semesters). A candidate must complete the course and pass the final examination within six academic years from the first admission to this programme. During the eight-semesters course, the students will be taught / provided experience in the following areas:

PART-A	Theory Course (Core & Elective Course)
PART-B	Activity Course
PART-C	Internship
PART-D	Sports Specialization

In B.P.Ed.-I, II, III & IV Sem. Part- A and B will be taught. In B.P.Ed.-V Sem. Part- A, B, and C will be taught. In B.P.Ed.-VI & VIII Sem. Part-A, Part-B, Part-C and Part- D will be taught, whereas in B.P.Ed.-VII Sem. Part-A, Part-C and Part- D will be taught.



4. MASTER OF PHYSICAL EDUCATION (M.P.Ed.)

[Four-Semesters]

4.1 DISCIPLINE / SPECIALISATION AREAS

Master of Physical Education (M.P.Ed.) shall be offered in the following subject specialization:

- 4.1.1 Physical Education Pedagogy
- 4.1.2 Exercise Physiology
- 4.1.3 Sports Biomechanics
- 4.1.4 Sports Psychology
- 4.1.5 Health Sciences
- 4.1.6 Sports Management

4.2 ADMISSION SCHEDULE

Online Submission of Application Form	Notifications as per CUET - NTA
Last date of successful transaction of Admission Test fee	Notifications as per CUET - NTA
Correction in Particulars of Application form on Website only	Notifications as per CUET - NTA
Downloading of Admit Cards from the NTA website	Notifications as per CUET - NTA
Display of Recorded Responses and Answer Keys	Notifications as per CUET - NTA
Declaration of Written Test Result on the NTA website	To be announced later on the website
Tentative Date of Sports Skill Proficiency Test at Guwahati	To be Announced
Tentative Date of Sports Skill Proficiency Test at Gwalior	To be Announced
Declaration of Final Results (Written Test + Sports Skill Proficiency Test) on the Websites	To be Announced
Seat Allotment Letter (Online)	To be Announced
Medical Examination dates (at study center after selection)	To be Announced
Date of Registration and Payment of Fee (Online)	To be Announced

4.3 COUNSELING SCHEDULE

Schedule	1 st Phase	Up-gradation of seat and 2 nd Phase
Choice Filling Dates (Online)	To be Announced	
Seat Allotment Letter (Online)	To be Announced	
Medical Examination dates (at study center after selection)	To be Announced	

Date of Registration and Payment of Fee	To be Announced
Collecting Admission Slip by the selected candidates from the office of the Academic Section.	To be Announced
Commencement of Classes/Orientation	To be Announced

Note :

- (i) *Total number of candidates for counseling shall be 50% more than the available seats in each category.*
- (ii) *The vacancies created after closing of the counseling for 1st Phase will be upgraded first by the already registered candidates who have given option for the up-gradation at both the study centers. The remaining vacancies at both the centers will be filled by the candidates of waiting list on merit.*
- (iii) *The candidates who will be upgraded after 1st Phase of counseling will not be permitted to retain their original seat and center allotted to them.*
- (iv) *Department/Sports Specialization allotted will not be changed in any condition.*

4.4 SEATS AVAILABLE

Category	LNIFE Gwalior [80 Seats]	NERC Guwahati [40 Seats]
UR	40	20
SC (15%)	12	06
ST (7.5%)	06	03
OBC-NCL (27%)	22	11
EWS (10%) (Supernumerary)	08	04
PwD	As per GOI norms	
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	02	01
Ward of regular LNIFE staff (Supernumerary)	02	01

Note :

- (i) *There are supernumerary seats for Foreign National candidates.*
- (ii) *The Department should have candidates belonging to different reservation categories in proportionate to the number of seats given to the department.*

4.5 ELIGIBILITY FOR ADMISSION

- 4.5.1 Bachelor of Physical Education (B.P.Ed) or equivalent with at least 50% marks for UR and OBC-NCL categories and 45% Marks for SC/ST category, PwD, Kashmiri Migrants & Kashmiri Pandit/ Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.

OR

Bachelor of Science (B.Sc.) in Health and Physical Education with at least 50% marks for UR and OBC-NCL categories and 45% Marks for SC/ST category, PwD, Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.

- 4.5.2 The reservation of seats and/or relaxation in qualifying marks for SC/ST/OBC-NCL and other categories shall be as per the rule of Government of India.

4.5.3 For any other relaxation related to age and percentage of marks, the advisory issued by Government of India from time to time will be applicable.

Note :

- (i) *All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2023-24 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.*
- (ii) *Candidates should note that no "CALL LETTER" for the Entrance Test shall be sent to them by Post. They should download the admit card Online after filling up the Online Admission Form.*

4.6 CHOICE OF STUDY CENTER

All the candidates applying for M.P.Ed. admission shall give their choice of study center.

Study Center-1 : LNIPE, Gwalior

Study Center-2 : LNIPE-NERC, Guwahati

Note : *There shall be no migration permitted from one study center to another study center for entire duration of course.*

4.7 ADMISSION PROCEDURE

Admission shall be made on merit based on Marks obtained in the Written Test and Sports Skill Proficiency Test as per the policy of the Institute.

S. No.	Admission Test	Weightage
1.	WRITTEN TEST (Online) to be conducted by NTA as part of CUET. https://cuetsamarth.ac.in https://cuetsamarth.ac.in/index.php/app/info/eligibility?q=LNIPE	60
2.	SPORTS SKILL PROFICIENCY TEST*	40

* Archery, Badminton, Basketball, Cricket, Cycling, Football, Gymnastics, Handball, Hockey, Judo, Kabaddi, Kho-Kho, Power Lifting/Weight Lifting, Squash, Swimming, Table-Tennis, Tennis, Track & Field, Volleyball Wrestling & Yoga.

Note :

- (i) *Format of Affidavit by the student regarding Sports Achievement/ Participation Certificate is enclose at Annexure-10.*
- (ii) *While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.*

4.8 FEMALE CANDIDATES

Married women are eligible for admission, but if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

4.9 FEE STRUCTURE

Each student shall pay the fee as given in Annexure-18.

4.10 UNIFORM

Uniform will be procured by student as per Annexure-26.

4.11 COURSE INFORMATION

Duration of the course is 2 years (four-semesters). A candidate must complete the Course and pass the final examination within four academic years from the first

admission to this programme. During the four-semester course, students will be taught/ provided experience in the following areas:

PART-A	Theory Subjects
PART-B	Sport/Game Specialization*
PART-C	Teaching Practice (Theory)
PART-D	Internship

* Specialization will be offered only in the following games & sports: Badminton, Basketball, Cricket, Football, Gymnastics, Handball, Hockey, Judo, Weight Lifting, Swimming, Table-Tennis, Tennis, Track & Field, Volleyball & Yoga.



5. M.A. (SPORTS MANAGEMENT)

[Four-Semesters]

5.1 ADMISSION SCHEDULE

Registration and Submission of Application Form	20 June ,2024
Date of Written Test	25 to 27 June, 2024
Declaration of Results of Written Test	01 July, 2024
Medical Examination Dates	8 to 10 July, 2024
Date of Registration and Payment of Fee	8 to 10 July, 2024
Commencement of Classes	11 July, 2024

5.2 SEATS AVAILABLE

Category	Total Seats 15
UR	08
SC (15%)	02
ST (7.5%)	01
OBC (27%)	04
EWS (10%) (Supernumerary)	02
PwD	As per GOI norms
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	01
Ward of regular LNIFE staff (Supernumerary)	01

Note :

- (i) Seats for Foreign National candidates will be supernumerary.
- (ii) The minimum no. of students required to run the course shall be five (05)

5.3 ELIGIBILITY FOR ADMISSION

- 5.3.1 Graduate from any discipline with minimum 50% marks and 45% Marks for SC/ST category, PwD, Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
- 5.3.2 For any other relaxation related to age and percentage of marks, the advisory issued by Government of India from time to time will be applicable.

Note :

- (i) All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2023-24 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.
- (ii) Candidates should note that no "CALL LETTER" for the Entrance Test shall be sent to them by Post.

5.4 ADMISSION PROCEDURE

Admission shall be made on merit based on Marks obtained in the Written Test as per the policy of the Institute.

S.No.	Admission Test
1.	WRITTEN TEST It Consists of 50 Multiple-choice Questions based on concern Subject Knowledge & Reasoning. The duration of test will be 60 minutes. The syllabus is given in Annexure - XIII

Note : While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.

5.5 FEMALE CANDIDATES

Married women are eligible for admission, but if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

5.6 FEE STRUCTURE

Each Student shall pay the fee as given in Annexure-19.

5.7 UNIFORM

Uniform will be procured by student as per Annexure-26.

5.8 COURSE INFORMATION

Duration of the course is 2 years (four-semesters). A candidate must complete the Course and pass the final examination within four academic years from the first admission to this programme.

Note : Boarding & Lodging facility will be provided to the admitted candidates at the Institute if available.



6. M.A. (YOGA)

[Four-Semesters]

6.1 ADMISSION SCHEDULE

Registration and Submission of Application Form	20 June ,2024
Date of Written Test	25 to 27 June, 2024
Declaration of Results of Written Test	01 July, 2024
Medical Examination Dates	8 to 10 July, 2024
Date of Registration and Payment of Fee	8 to 10 July, 2024
Commencement of Classes	11 July, 2024

6.2 SEATS AVAILABLE

Category	Total Seats 30
UR	15
SC (15%)	05
ST (7.5%)	02
OBC-NCL (27%)	08
EWS (10%)(Supernumerary)	03
PwD	As per GOI norms
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	01
Ward of regular LNIFE staff (Supernumerary)	01

Note : Seats for Foreign National candidates will be supernumerary.

6.3 ELIGIBILITY FOR ADMISSION

- 6.3.1 Graduate from any discipline with minimum 50% marks and 45% Marks for SC/ST category, PwD, Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
- 6.3.2 For any other relaxation related to age and percentage of marks, the advisory issued by Government of India from time to time will be applicable.

Note:

- All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2023-24 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.
- Candidates should note that no "CALL LETTER" for the Entrance Test shall be sent to them by Post.
- While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.

6.4 ADMISSION PROCEDURE

The admission process for M.A. (Yoga) will comprise of both Written Test and Skill Proficiency Test in Yogic Practices. The merit will be based on combined aggregate of minimum 40% marks of both tests :

S. No.	Admission Test	Weightage
1.	WRITTEN TEST	60
2.	SKILL PROFICIENCY TEST IN YOGIC PRACTICES	40

6.5 FEMALE CANDIDATES

Married women are eligible for admission, but if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

6.6 FEE STRUCTURE

Each student shall pay the fee as given in Annexure-20.

6.7 UNIFORM

Uniform will be procured by student as per Annexure-26.

6.8 COURSE INFORMATION

Duration of the course is 2 years (four-semesters). A candidate must complete the course and pass the final examination within four academic years from the first admission to this programme.

Note :

- (i) Admitted candidates have to undergo Internship of 30 days (one month) from any Institute/School/Center/Organization at his/her own cost.
- (ii) Boarding & Lodging facility will be provided to the admitted candidates at the Institute if available.

7. DIPLOMA IN SPORTS COACHING (DSC)

[Two-Semesters]

(Only for Defense and Paramilitary Personnel)

7.1 DISCIPLINE OFFERED

Diploma in Sports Coaching shall be offered in following games/sports viz. *Athletics, Basketball, Football, Handball, Hockey, Boxing and Volleyball* (subject to administrative feasibility).

7.2 ADMISSION SCHEDULE

Total No. of Seats	25 (In each Sports/Games)
Registration and submission of application form	20 June, 2024
Date of Skill Proficiency Test & Physical Fitness Test	25 to 27 June, 2024
Result Declaration	1 July, 2024
Medical Examination Dates	08 to 10 July, 2024
Date of Registration, Documents Verification & Payment of Fee	08 to 10 July, 2024
Commencement of Class	11 July, 2024

Note :

- (i) *Reservation policy will not be applicable for Diploma in Sports Coaching.*
- (ii) *No Lodging & Boarding will be provided by the Institute during Admission process.*
- (iii) *Due to any unavoidable circumstances the testing date may be extended.*

7.3 ELIGIBILITY FOR ADMISSION

7.3.1 A candidate shall be eligible to apply for admission to Diploma in Sports Coaching if he has passed 10+2 examination/equivalent examination conducted by CBSE/State or UT Board/Open School Board.

7.3.2 Only those candidate(s) who are deputed by Defense/Army Sports Control Board and Para-military Services based on of their sports performance & achievements at Command Level/Intra-Police/Intra-Paramilitary Sports are eligible for the course.

Note:

- (i) *All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2023-24 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.*

7.4 ADMISSION PROCEDURE

7.4.1 Admission to the Diploma in Sports Coaching will be granted on the basis of merit in the Admission Test of 100 Marks as given here under. The minimum qualifying marks in the admission test shall be 50% :-

S. No.	Admission Test	Total Marks	Weightage
1.	PHYSICAL FITNESS TEST	50	40%
2.	SPORTS SKILL PROFICIENCY TEST	50	60%
Total Marks		100	100

Note : Appearance in written test, physical fitness test and sports skill proficiency test is mandatory in order to be eligible for consideration for admission.

7.5 FEE STRUCTURE

Each Student shall pay the fee as given in Annexure-21.

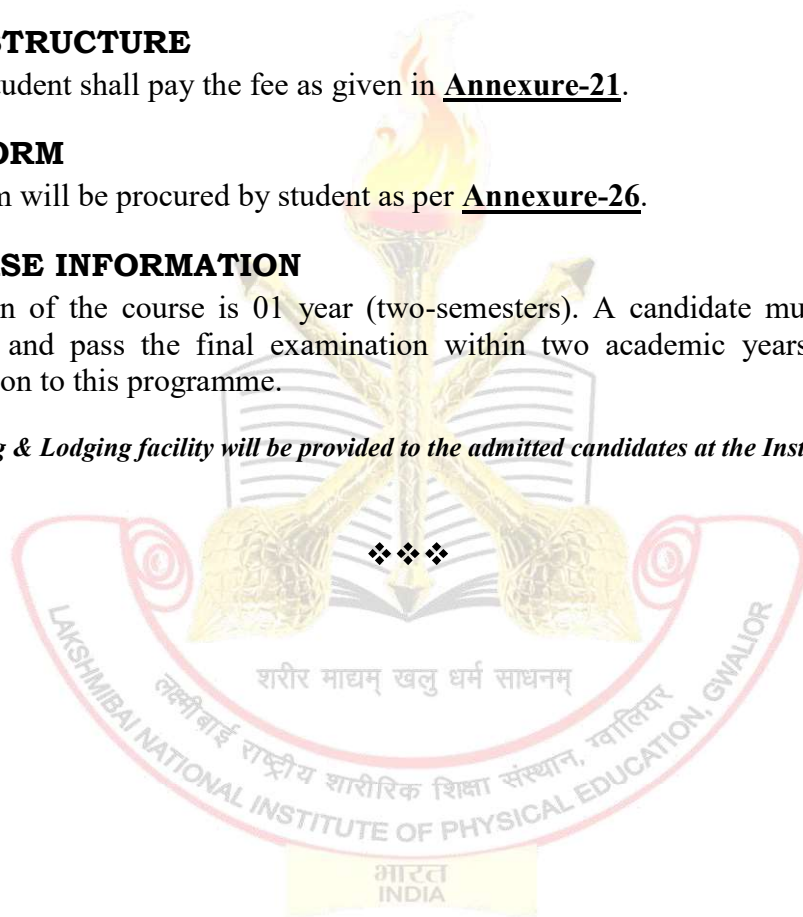
7.6 UNIFORM

Uniform will be procured by student as per Annexure-26.

7.7 COURSE INFORMATION

Duration of the course is 01 year (two-semesters). A candidate must complete the Course and pass the final examination within two academic years from the first admission to this programme.

Note : Boarding & Lodging facility will be provided to the admitted candidates at the Institute if available.



8.
POST GRADUATE DIPLOMA IN SPORTS COACHING (PGDSC)
[Two-Semesters]
8.1 DISCIPLINE OFFERED

Post Graduate Diploma in Sports Coaching shall be offered in following games/sports viz. *Athletics, Basketball, Badminton, Cricket, Football, Handball, Hockey, Judo, Kabaddi, Swimming, Volleyball, Boxing and Wrestling* (subject to administrative feasibility).

8.2 ADMISSION SCHEDULE

Total No. of Seats	25 (In each Sports/Games)
Registration and submission of application form	20 June, 2024
Date of Written, Skill Proficiency Test & Physical Fitness Test	25 to 27 June, 2024
Result Declaration	1 July, 2024
Medical Examination Dates	08 to 10 July, 2024
Date of Registration, Documents Verification & Payment of Fee	08 to 10 July, 2024
Commencement of Class	11 July, 2024

Note :

- (i) *No Lodging & Boarding will be provided by the Institute during admission Test.*
- (ii) *Bring Aadhar Card and Proof of Application/Testing Fee paid to LNIPE, Gwalior.*
- (iii) *Due to any unavoidable circumstances the testing date may be extended.*

8.3 SEATS AVAILABLE

The minimum number of students required to run the course in a game/sports shall be ten (10). Reservation of seats shall be as per Govt. of India rules applicable at the time of admissions.

Category	Total Seats 25 in each game
UR	13
SC (15%)	04
ST (7.5%)	02
OBC-NCL (27%)	06
EWS (10%) (Supernumerary)	02
PwD	As per GOI norms
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	01
Ward of regular LNIPE staff (Supernumerary)	01

Note : *Seats for Foreign National candidates will be supernumerary.*

8.4 ELIGIBILITY FOR ADMISSION

- 8.4.1 A candidate shall be eligible to appear in Entrance Test for Post Graduate Diploma in Sports Coaching, if he/she has passed graduation degree, conducted by a recognized University, with at least 45% marks [40% in case of SC/ST candidates, PwD and Kashmiri Migrants & Kashmiri Pandit/ Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley] with Inter-University/National level participation in the concerned game / sport.

OR

Any graduate from recognized university with participation in international competition or secured 1st, 2nd & 3rd position in National / Inter-University competition in sports and games as approved and funded by respective AIU/IOA/MYAS.

OR

A candidate shall be eligible to appear in admission test for Post Graduate Diploma in Sports Coaching if he/she has passed Bachelor of Physical Education (B.P.Ed. One / Two Years) / any Graduation degree, conducted by a recognized University, with at least 45% marks (40% in case of SC/ST candidates) with Inter – University / National level participation in the concerned game / sport.

OR

A Post Graduate Degree from any recognized University at least 45% marks (40% in case of SC/ST candidates) with Inter – University / National level participation in the concerned game / sport.

- 8.4.2 For any other relaxation related to age and percentage of marks, the advisory issued by Government of India from time to time will be applicable.

Note :

- (i) *All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2023-24 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.*
- (ii) *Candidates should note that no "CALL LETTER" for the Entrance Test shall be sent to them by Post.*

8.5 ADMISSION PROCEDURE

- 8.5.1 The admission process for PGDSC will comprise of Written Test, Sports Skill Proficiency Test and Physical Fitness Test. An Aggregate of 40% marks of all tests is required for admission :

S. No.	Admission Test	Total Marks
1.	WRITTEN TEST* (i) General Reasoning - 10 marks (ii) Sports General Knowledge - 10 Marks (iii) Professional Knowledge in concerned game/sport - 30 Marks The duration of written test will be of 90 minutes.	50
2.	SPORTS SKILL PROFICIENCY TEST (Skills and playing ability tests in concerned game/sport)	100
3.	PHYSICAL FITNESS TEST Marks will be awarded to Physical Fitness on the basis of performance in 50 Meters Sprint, Standing Broad Jump, Over Head Back Throw and 1000 Meters Run/Walk. The norms to convert the performance into points are given in Annexure-12 to 15 .	50
Total Marks		200

*** Syllabus of Written Test :**

- (1) General Reasoning;
- (2) Sports General Knowledge;
- (3) Mathematical Reasoning; Blood Relation; Current Sports General Knowledge; Rules and Regulations Concerned Games and Sports; Tournaments; Skill & Technique; Sports Awards; Sports Personalities.

Note : *Appearance in written test, physical fitness test and sports skill proficiency test is mandatory in order to be eligible for consideration for admission.*

8.6 DIRECT ADMISSION

8.6.1 Direct admission will be provided to the candidates who have represented India in designated International Championship such as Junior and Senior World Championships, Junior and Senior World Cups, Junior and Senior Asian Championships, Junior and Senior Asian Cups, Common Wealth Games, Asian Games, Afro-Asian Games, SAF Games, World School Games/World Schools Championship in the following games and sports:

Athletics, Basketball, Badminton, Cricket, Football, Handball, Hockey, Judo, Kabaddi, Swimming, Volleyball, Boxing and Wrestling.

8.6.2 Representation shall be in such games/sports which are approved and funded by MYAS/IOA.

8.6.3 All such candidates who wish to be considered for direct admission shall mandatorily apply through Institute's Website : www.lnipe.edu.in and upload all the documents along with sports achievements certificate. In case if the candidate is not considered for direct admission, he/she has to appear in Written Test and Sports Skill Proficiency Test like other candidate.

Note :

- (i) *Participation of applicant in any kind of International Invitational Tournaments shall not be considered for Direct Admission.*
- (ii) *List of eligible candidates for Direct Admission will be uploaded on Institute's website : www.lnipe.edu.in*

8.7 FEMALE CANDIDATES

Married women are eligible for admission, but if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

8.8 FEE STRUCTURE

Each Student shall pay the fee as given in **Annexure-22**.

8.9 UNIFORM

Uniform will be procured by student as per **Annexure-26**.

8.10 COURSE INFORMATION

Duration of the course is 01 year (two-semesters). A candidate must complete the Course and pass the final examination within two academic years from the first admission to this programme.

Note :

- (i) *The sports/games mentioned above shall be offered as per administrative feasibility of the Institute.*
- (ii) *Boarding & Lodging facility will be provided to the admitted candidates at the Institute if available.*
- (iii) *The candidate should complete the requirement for obtaining the Diploma within a period of 2 years from the date of admission to diploma.*



9.

POST GRADUATE DIPLOMA IN FITNESS MANAGEMENT (PGDFM)

[Two-Semesters]

9.1 ADMISSION SCHEDULE

Registration and submission of application form	20 June, 2024
Date of Written Test & Physical Fitness Test	25 to 27 June, 2024
Result Declaration	1 July, 2024
Medical Examination Dates	08 to 10 July, 2024
Date of Registration, Documents Verification & Payment of Fee	08 to 10 July, 2024
Commencement of Class	11 July, 2024

Note :

- (i) No Lodging & Boarding will be provided by the Institute at the time of Admission.
- (ii) Bring Aadhar Card and Proof of Application/Testing Fee paid to LNIPE, Gwalior.
- (iii) Due to any unavoidable circumstances the testing date may be extended.

9.2 SEATS AVAILABLE

Category	Total Seats
UR	10
SC (15%)	03
ST (7.5%)	02
OBC-NCL (27%)	05
EWS (10%)	02
PwD	As per GOI norms
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	01
Ward of regular LNIPE staff (Supernumerary)	01

Note : Seats for Foreign National candidates will be supernumerary.

9.3 ELIGIBILITY FOR ADMISSION

9.3.1 Graduate from any discipline with minimum 45% marks and 40% Marks for SC/ST category, PwD, Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.

9.3.2 For any other relaxation related to age and percentage of marks, the advisory issued by Government of India from time to time will be applicable.

Note :

- (i) All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2023-24 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.
- (ii) Candidates should note that no "CALL LETTER" for the Entrance Test shall be sent to them by Post.

9.4 ADMISSION PROCEDURE

9.4.1 The admission process for PGDFM will comprise of both Written Test and Physical Fitness Test. The merit will be based on combined aggregate of minimum 40% marks of both tests :

S. No.	Admission Test	Total Marks
1.	WRITTEN TEST Objective type questions will be from given syllabus. The duration of written test will be of 90 minutes.	40
2.	PHYSICAL FITNESS TEST Marks will be awarded to Physical Fitness on the basis of performance in 50 Meters Sprint, Standing Broad Jump, Over Head Back Throw and 1000 Meters Run/Walk. The norms to convert the performance into points are given in Annexure-12 to 15 .	60
Total Marks		100

*** Syllabus of Written Test:**

- (1) General Awareness;
- (2) Sports Awareness
- (3) Sports General Knowledge;
- (4) Concept of Fitness & Wellness; Components of Physical Fitness; Concept of Strength, Endurance, Flexibility; Basics of Nutrition; Concept of Strength Training; Physiology of Exercise; Muscles and its types; New Trends of Fitness; Preparation of Workout Design; Concept of Fitness Management; Principles of Fitness Management.

Note : *Appearance in written test and physical fitness test is mandatory in order to be eligible for consideration for admission.*

9.5 FEMALE CANDIDATES

Married women are eligible for admission, but if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

9.6 FEE STRUCTURE

Each Student shall pay the fee as given in **Annexure-22**.

Note : *Boarding & Lodging facility will be provided to the admitted candidates at the Institute if available.*



10. POST GRADUATE DIPLOMA IN STRENGTH & SPORTS CONDITIONING (PGDSSC)

[Two-Semesters]

10.1 ADMISSION SCHEDULE

Registration and submission of application form	20 June, 2024
Date of Written Test & Physical Fitness Test	25 to 27 June, 2024
Result Declaration	1 July, 2024
Medical Examination Dates	08 to 10 July, 2024
Date of Registration, Documents Verification & Payment of Fee	08 to 10 July, 2024
Commencement of Class	11 July, 2024

Note :

- (i) No Lodging & Boarding will be provided by the Institute at the time of admission.
- (ii) Bring Aadhar Card and Proof of Application/Testing Fee paid to LNIPE, Gwalior.
- (iii) Due to any unavoidable circumstances the testing date may be extended.

10.2 SEATS AVAILABLE

Category	Total Seats 20
UR	10
SC (15%)	03
ST (7.5%)	02
OBC-NCL (27%)	05
EWS (10%)	02
PwD	As per GOI norms
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	01
Ward of regular LNIPE staff (Supernumerary)	01

Note : Seats for Foreign National candidates will be supernumerary.

10.3 ELIGIBILITY FOR ADMISSION

10.3.1 Graduate from any discipline with minimum 45% marks and 40% Marks for SC/ST category, PwD, Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.

10.3.2 For any other relaxation related to age and percentage of marks, the advisory issued by Government of India from time to time will be applicable.

Note :

- (i) All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2023-24 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.

10.4 Candidates should note that no "CALL LETTER" for the Entrance Test shall be sent to them by Post.

10.5 ADMISSION PROCEDURE

10.5.1 The admission process for PGDSSC will comprise of both Written Test and Physical Fitness Test. The merit will be based on combined aggregate of minimum 40% marks of both tests :

S. No.	Admission Test	Total Marks
1.	WRITTEN TEST* Objective type questions will be from given syllabus. The duration of written test will be of 90 minutes.	40
2.	PHYSICAL FITNESS TEST Marks will be awarded to Physical Fitness on the basis of performance in 50 Meters Sprint, Standing Broad Jump, Over Head Back Throw and 1000 Meters Run/Walk. The norms to convert the performance into points are given in Annexure-12 to 15 .	60
Total Marks		100

*** Syllabus of Written Test :**

- (1) General Awareness;
- (2) Fitness & Sports Awareness
- (3) Concept of Strength its types; Components of Strength Training; Principles of Strength Training; Basics of Exercise Nutrition; Physiology of Exercise; Muscles and its types; Preparation of Workout Design; Strength Evaluation and Assessment.

Note : *Appearance in written test and physical fitness test is mandatory in order to be eligible for consideration for admission.*

10.6 FEMALE CANDIDATES

Married women are eligible for admission, but if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

10.7 FEE STRUCTURE

Each Student shall pay the fee as given in **Annexure-22**.

Note : *Boarding & Lodging facility will be provided to the admitted candidates at the Institute if available.*



11.

POST GRADUATE DIPLOMA IN YOGA EDUCATION (PGDYEd)

[Two-Semesters]

11.1 ADMISSION SCHEDULE

Registration and submission of application form	20 June, 2024
Date of Written Test & Skill Test	25 to 27 June, 2024
Result Declaration	1 July, 2024
Medical Examination Dates	08 to 10 July, 2024
Date of Registration, Documents Verification & Payment of Fee	08 to 10 July, 2024
Commencement of Class	11 July, 2024

11.2 SEATS AVAILABLE

Category	Total Seats 30
UR	15
SC (15%)	05
ST (7.5%)	02
OBC-NCL (27%)	08
EWS (10%)	03
PwD	As per GOI norms
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	01
Ward of regular LNIPE staff (Supernumerary)	01

Note : Seats for Foreign National candidates will be supernumerary.

11.3 ELIGIBILITY FOR ADMISSION

11.3.1 Graduate from any discipline with minimum 45% marks and 40% Marks for SC/ST category, PwD, Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.

11.3.2 For any other relaxation related to age and percentage of marks, the advisory issued by Government of India from time to time will be applicable.

Note :

- All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2023-24 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.
- Candidates should note that no "CALL LETTER" for the Entrance Test shall be sent to them by Post.

11.4 ADMISSION PROCEDURE

11.4.1 The admission process for PGDYEd. will comprise of both Written Test and Skill Proficiency Test in Yogic Practices. The merit will be based on combined aggregate of minimum 40% marks of both tests :

S. No.	Admission Test	Total Marks
1.	WRITTEN TEST* The written test consists of Multiple Choice Questions (MCQ). The duration of written test will be of 90 minutes.	40
2.	SKILL PROFICIENCY TEST IN YOGIC PRACTICES The candidate will be tested in Basic Asanas and Suryanamaskara.	60
Total Marks		100

*** Syllabus of Written Test :**

- (1) Logical Reasoning;
- (2) General Awareness about Yoga; Fundamentals of Yoga : Four Traditional streams of Yoga (Gyan, Karma, Bhakti, Hatha), Modern Yogic streams and Techniques, Basic knowledge of Life Histories of Yogis – Maharishi Patanjali, Hath Yogi Gorakshnath, Swami Vivekanand, Maharishi Aurobindo; Basic Psychological Concepts – Anxiety, Frustration, Agitation, etc., Types of Personalities; Practical application of Yoga; Yoga and health; Basic awareness about Benefits and Contraindications of Yoga Practices; Diet and Nutrition; Concept of Wellness; Fundamentals of Naturopathy and Alternate Therapies.

Note :

- (i) *Appearance in written test and skill proficiency test in yogic practices is mandatory in order to be eligible for consideration to take admission.*
- (ii) *Minimum overall 50% marks are to be secured to be considered for admission.*

11.5 FEE STRUCTURE

Each student shall pay the fee as given in **Annexure-23**.

Note : *Boarding & Lodging facility will be provided to the admitted candidates at the Institute if available.*

12. OPEN AND DISTANCE LEARNING DIPLOMA COURSES

12.1 ODL DIPLOMA COURSES

- 12.1.1 Diploma in Sports Management (DSM) – Two Semesters
- 12.1.2 Diploma in Sports Journalism (DSJ) – Two Semesters
- 12.1.3 Diploma in Yoga (DY) – Two Semesters
- 12.1.4 Diploma in Sports Analytics (DSA) – Two Semesters
- 12.1.5 Diploma in Sports Nutrition (DSN) – Two Semesters
- 12.1.6 Diploma in Sports Psychology (DSP) – Two Semesters

12.2 ADMISSION SCHEDULE

Online Registration and submission of application form at Institute Website (www.lnipe.edu.in)	To be Announced
Seat Allotment Letter (Online)	To be Announced
Date of Registration and Payment of Fee (Online)	To be Announced

12.3 ELIGIBILITY FOR ADMISSION

- 12.3.1 If he/she has passed Senior Secondary Certificate Examination (10+2) or Intermediate/equivalent examination from any recognized Education Board with 45% marks (40% for SC/ST candidate, PwD and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
- 12.3.2 For any other relaxation related to age and percentage of marks, the advisory issued by Government of India from time to time will be applicable.

Note : *All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2022-23 are eligible for admission but their final results must be declared on or before the last date of Registration.*

12.4 ADMISSION PROCEDURE

All the eligible candidates will get direct admission to this programme.

Note : *While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.*

12.5 FEE STRUCTURE

Each Student shall pay the fee as given in **Annexure-24**.

12.6 COURSE INFORMATION

Duration of the course is 01 year (two-semesters). A candidate must complete the Course and pass the final examination within two academic years from the first admission to this programme.



13.

OPEN AND DISTANCE LEARNING POST GRADUATE DIPLOMA COURSES

13.1 ODL PG DIPLOMA COURSE

13.1.1 Post Graduate Diploma in Sports Event Management (PGDSEM) – *Two Semesters*

13.2 ADMISSION SCHEDULE

Online Registration and submission of application form at Institute Website (www.lnipe.edu.in)	To be Announced
Seat Allotment Letter (Online)	To be Announced
Date of Registration and Payment of Fee (Online)	To be Announced

13.3 ELIGIBILITY FOR ADMISSION

13.3.1 Bachelor Degree in any discipline recognized by the University/Institute or equivalent with 45% marks (40% for SC/ST candidate) and Kashmiri Migrants & Kashmiri Pandit /Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.

13.3.2 For any other relaxation related to age and percentage of marks, the advisory issued by Government of India from time to time will be applicable.

Note : *All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2022-23 are eligible for admission but their final results must be declared on or before the last date of Registration.*

13.4 ADMISSION PROCEDURE

All the eligible candidates will get direct admission to this programme.

Note : *While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.*

13.5 FEE STRUCTURE

Each Student shall pay the fee as given in Annexure-24.

13.6 COURSE INFORMATION

Duration of the course is 01 year (two-semesters). A candidate must complete the course and pass the final examination within two academic years from the first admission to this programme.



14. DOCTOR OF PHILOSOPHY (Ph.D.) PROGRAMME

14.1 Ph.D. PROGRAMMES

LNIPE offers Doctor of Philosophy (Ph.D) in Physical Education under the following department:

Physical Education Pedagogy, Exercise Physiology, Sports Biomechanics, Sports Psychology, Sports Management & Coaching, Health Sciences.

14.2 REGULATIONS

The regulation provides information to the prospective students about the admission requirements, programme features, and the process of undergoing the Ph.D. programme. The Ph.D. program of this institute is only on regular mode (full time and part time) and is governed by the Institute's Ph.D. Ordinance, which is in line with the UGC regulations (as amended from time to time). The prospective candidates are advised to refer to the institute's website www.lnipe.edu.in for other details of this program.

14.3 STUDY CENTERS

Name of the Course	Name of the Study Center
Physical Education	LNIPE, Gwalior LNIPE-NERC Guwahati

14.4 APPLICATION FOR ADMISSION

- 14.4.1 Submission of duly filled application form for admission in Ph.D. programme will be considered either through online or off-line.
- 14.4.2 Required documents to be attached along with application form are as follows:
- 14.4.2.1 Date of birth certificate (Birth certificate/ Mark-sheet/certificate of secondary examination).
 - 14.4.2.2 Mark-sheet of the qualifying examination (UGC ,NET) along with NET Score prescribed for Ph.D programme.
 - 14.4.2.3 Character certificate from the Institute last attended.
 - 14.4.2.4 The category certificate (SC/ST/CBC-NCL), preferably in prescribed format **Annexure-2 and Annexure-3**.
 - 14.4.2.5 Declaration regarding non-creamy layer (applicable for OBC-NCL candidates only) in prescribed format **Annexure-4**.
 - 14.4.2.6 EWS certificate preferably in prescribed format Annexure-5.
 - 14.4.2.7 PwD certificate in prescribed format **Annexure-6**.
 - 14.4.2.8 Application fees is payable through Net Banking/ Debit Card/Credit Card/UPI by using HDFC LNIPE Fee Collection integrated with institute website (lnipe.edu.in).

Name of Course	Category	Application Fee
Ph.D. in Physical Education	UR	1000/-
	OBC-NCL/EWS	900/-
	SC/ST/PwD	800/-
	Foreign / NRI / PIO	5000/-

14.4.2.9. Application / testing fee to be paid to LNIPE, Gwalior should be made through following process/Link:

Bank Name : HDFC Bank, City Centre Branch, Gwalior
IFSC Code : HDFC0000192
Account Holder's Name : LNIPE Fee Collection
Account Number : 99997800009999

Payment Gateway/POS

8. For Credit Card (Visa/Master/Rupay) - 1% on surcharge model (on Students)
9. For Debit Card (Above Rs. 2000/-) - NIL
10. For Debit Card (upto Rs. 2000/-) - NIL
11. One-time Integration Fee - NIL
12. Annual Maintenance Charge - NIL
13. Net Banking (All Bank) - NIL
14. UPI - NIL

14.5 ADMISSION SCHEDULE

Last date of submission of application	To be Announced
Date of Eligibility checking and Verification of document	To be Announced
Date of Interview/Viva-Voce (for Category- 1)	To be Announced
Date of Interview/Viva-Voce (for Category- 2 & 3)	To be Announced
Declaration of Final Result	To be Announced
Date of Registration and Payment of Fee (Online)	To be Announced

14.6 DURATION

Ph.D. Programme shall be for a minimum duration of three years, including course work and a maximum of six years. Increase the maximum duration in the period will be as per Ph.D. Ordinance of the Institute.

14.7 ALLOCATION OF SEATS

The number of seats for Ph.D. Programme through JRF & NET Score shall be as follows:

14.7.1 PHYSICAL EDUCATION (JRF)

Category	LNIPE Gwalior [Seat]	NERC Guwahati [Seats]
UR	T.B.A.	T.B.A.
SC (15%)	T.B.A.	T.B.A.
ST (7.5%)	T.B.A.	T.B.A.
OBC-NCL (27%)	T.B.A.	T.B.A.
EWS (10%) (Supernumerary)	T.B.A.	T.B.A.
PwD	As per GOI norms	

14.7.2 PHYSICAL EDUCATION (NET SCORE)

Category	LNIPE Gwalior (Seat)	NERC Guwahati (Seat)
UR	T.B.A.	T.B.A.
SC (15%)	T.B.A.	T.B.A.
ST (7.5%)	T.B.A.	T.B.A.
OBC-NCL (27%)	T.B.A.	T.B.A.
EWS (10%) (Supernumerary)	T.B.A.	T.B.A.
PwD 3% in each category (As per GOI norms)	As per GOI norms	

Note: The supernumerary quota for Foreign Student and self-financing Foreign Student shall be restricted to a maximum of 2 seats per supervisor.

14.8 ELIGIBILITY FOR ADMISSION

14.8.1 The JRF-qualified students (Category – 1) are admitted into Ph.D. programme based on an interview as per the university Grants Commission (Minimum Standards and Procedures for award of Ph.D. Degree) Regulation, 2022.

14.8.2 Candidates of category 2 & 3 for admission to Ph.D. programme shall have NET Score to be eligible. For such category, the NET score is valid for a period of One year from the date of NET result declared.

14.9 FOREIGN STUDENT

The Applications from for Foreign/NRI/PIO candidates shall be considered through study in India portal (<https://studyinindia.gov.in>) only.

14.10 ADMISSION PROCEDURE

14.10.1 Candidate shall be admitted for the Ph.D. programme at the beginning of the respective session provided the result of the qualifying examination is declared before the commencement of admission test.

14.10.2 All the eligible candidates shall report at the Institute on notified dates.

14.10.3 Admission to the Ph.D. programme shall be either through JRF or NET Score.

14.10.4 JRF admission consists of an interview/ Viva voce only.

14.10.5 Admission for NET Score holders consists of 70% weightage of NET score and 30% weightage of interview/ Viva voce to get the combined score. Finally, combined score shall be consider to determine the merit for admission to Ph.D. programme.

14.10.6 The Candidates have to make presentation (PPT) in the area of research interest. The candidate must emphasize on the following :

- Feasibility of the proposed research
- Depth and command of knowledge in the proposed research.
- The presentation must contribute to new/additional/establishing existing knowledge to the society/community.

14.10.7 The presentation shall be done in front of the admission committee in which focus would be to explore the candidate's understanding of the research topic/area, and his/her research temperament and acumen.

14.11 STRUCTURE OF THE COURSE WORK

The candidates in Ph.D. programme are supposed to undergo a one semester course work. Only after successful completion of the course work in the first semester the candidates shall be allowed to proceed further. The structure of the course work shall be as follows:

Semester	Contents
I	Research Methodology
	Research and Publication Ethics
	Advance Statistics and Computer Application
	Teaching Pedagogy in Higher Education
	Assistantship

14.12 FEE STRUCTURE

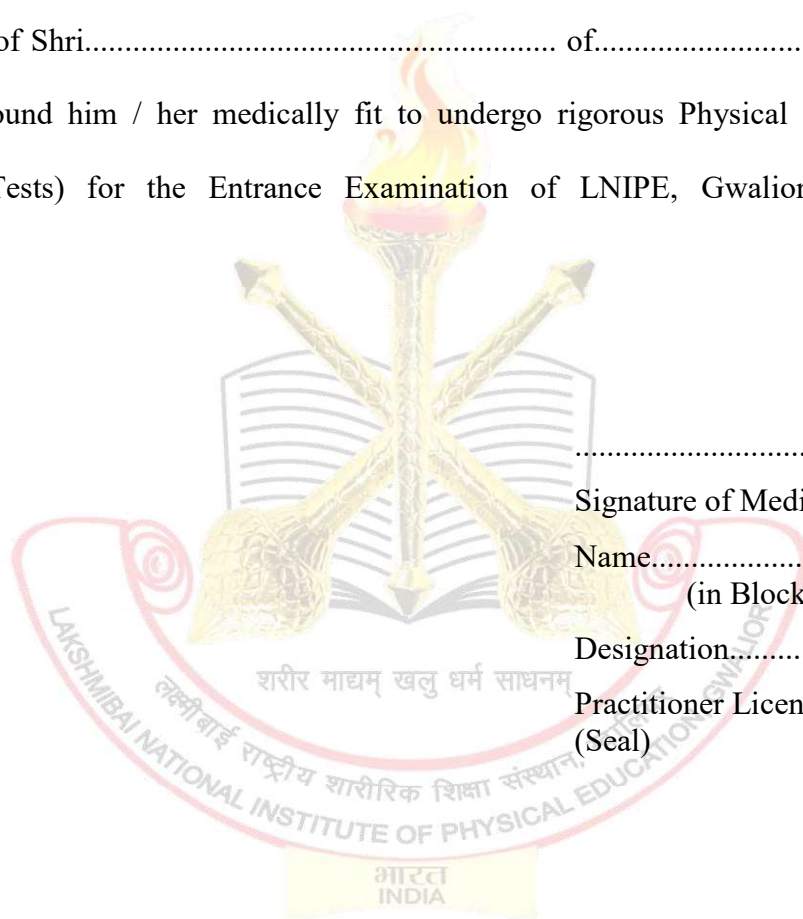
Each student shall pay the fee as given in **Annexure-25**.



Annexure-1

**MEDICAL FITNESS CERTIFICATE AT THE TIME OF
ENTRANCE TEST**

This is to certify that I have medically examined Mr./Ms.(Name)
Son/Daughter of Shri..... of.....
District and found him / her medically fit to undergo rigorous Physical Fitness & Skill
Proficiency (Tests) for the Entrance Examination of LNIFE, Gwalior/LNIFE-NERC,
Guwahati



.....
Signature of Medical Officer

Name.....
(in Block Letter)

Designation.....

Practitioner License No.
(Seal)

Annexure-2

CERTIFICATE FOR SCHEDULE CASTES AND SCHEDULED TRIBES

**THE FORM OF CERTIFICATE TO BE PRODUCED BY SCHEDULED CASTES
AND SCHEDULED TRIBES CANDIDATES APPLYING FOR APPOINTMENT TO
POSTS AND FOR ADMISSION IN EDUCATIONAL INSTITUTES UNDER
GOVERNMENT OF INDIA**

This is to Certify that Shri/Shrimati/Kumari*
Son/daughter* of..... of Village/Town*
..... in District/Division*
of the State/Union Territory* belongs
to the..... caste/tribe* which is recognized
as a Scheduled Caste/Scheduled Tribe* under :-

- @ The Constitution (Scheduled Castes) Order, 1950
- @ The Constitution (Scheduled Tribes) Order, 1950
- @ The Constitution (Scheduled Castes) Union Territories Order, 1951
- @ The Constitution (Scheduled Tribes) Union Territories Order, 1951
- [As amended by the Scheduled Castes and Scheduled Tribes List (Modification) Order, 1956; the Bombay Reorganization Act, 1960, the Punjab Reorganization Act, 1966, The State of Himachal Pradesh Act, 1970, the North Eastern Areas (Reorganization) Act, 1971, The Scheduled Caste and Scheduled Tribes Order (Amendment) Act, 1976, The State of Mizoram Act, 1986, the State of Arunachal Pradesh Act, 1986 and the Goa, Daman and Diu (Reorganization) Act, 1987.]
- @ The Constitution (Jammu & Kashmir) Scheduled Castes Order, 1956
- @ The Constitution (Andaman and Nicobar Islands) Scheduled Tribes Order, 1959 as amended by the Scheduled Castes and Scheduled Tribes Order (Amendment) Act, 1976.
- @ The Constitution (Dadar and Nagar Haveli) Scheduled Castes Order, 1962
- @ The Constitution (Dadar and Nagar Haveli) Scheduled Tribes Order, 1962
- @ The Constitution (Pondicherry) Scheduled Castes Order, 1964
- @ The Constitution (Uttar Pradesh) Scheduled Tribes Order, 1967
- @ The Constitution (Goa, Daman and Diu) Scheduled Castes Order, 1968
- @ The Constitution (Goa, Daman and Diu) Scheduled Tribes Order, 1968
- @ The Constitution (Nagaland) Scheduled Tribes Order, 1970
- @ The Constitution (Sikkim) Scheduled Castes Order, 1978
- @ The Constitution (Sikkim) Scheduled Tribes Order, 1978
- @ The Constitution (Jammu & Kashmir) Scheduled Tribes Order, 1989
- @ The Constitution (SC) Order (Amendment) Act, 1990
- @ The Constitution (ST) Order (Amendment) Act, 1991
- @ The Constitution (ST) Order (Second Amendment) Act, 1991
- @ The Scheduled Caste and Scheduled Tribes Orders (Amendment) Act 2002
- @ The Constitution (Scheduled Castes) Order (Amendment) Act, 2002
- @ The Constitution (Scheduled Caste and Scheduled Tribes) Order (Amendment) Act, 2002
- @ The Constitution (Scheduled Caste) Order (Second Amendment) Act, 2002

- %2. Applicable in the case of Scheduled Castes/Scheduled Tribes persons who have migrated from one State/Union Territory Administration to another.

This Certificate is issued on the basis of the Scheduled Caste/Scheduled Tribes certificate issued to Shri/Shrimati*..... Father/Mother of Shri/Shrimati/Kumari*..... of Village/Town..... in District/Division*..... of the State/Union Territory..... Who belongs to the caste/tribe* which is recognized as a Scheduled Caste/Scheduled Tribe in the State/Union Territory* of..... issued by the..... dated.....

- %3. Shri/Shrimati/Kumari*.....and/or* his/her* family ordinarily resides in village/town*..... of District/Division* of the State/Union Territory of.....

Signature.....

Place.....

**Designation.....

(With Seal of Office)

Date.....

*please delete the words which are not applicable.

@Please quote specific Presidential Order.

%Delete the paragraph which is not applicable.

Note : The term “Ordinarily reside(s)” used here will have the same meaning as in Section 20 of the Representation of the People Act, 1950.

****List of authorities empowered to issue Scheduled Caste/Scheduled Tribe Certificate.**

- (i) District Magistrate/Additional District Magistrate/Collector/Deputy Commissioner/Additional Deputy Commissioner/Deputy Collector/1st Class Stipendiary Magistrate/#Sub-Divisional Magistrate/Taluka Magistrate/Executive Magistrate/Extra Assistant Commissioner.
(#not below of the rank of 1st Class Stipendiary Magistrate)
- (ii) Chief Presidency Magistrate/Additional Chief Presidency Magistrate/Presidency Magistrate.
- (iii) Revenue Officers not below the rank of Tehsildar.
- (iv) Sub Divisional Officer of the Area Where the candidate and/or his/her family normally resides.
- (v) Administrator/Secretary to Administrator/Development officer (Lakshadweep).

Annexure-3**CERTIFICATE FOR OTHER BACKWARD CLASSES****THE FORM OF CERTIFICATE TO BE PRODUCED BY OTHER BACKWARD CLASSES CANDIDATES APPLYING FOR APPOINTMENT TO POSTS AND FOR ADMISSION IN EDUCATIONAL INSTITUTES UNDER GOVERNMENT OF INDIA**

This is to Certify that Shri/Shrimati/Kumari*.....
 Son/daughter* of Shri..... of Village/Town*
 in District/Division* of the State/Union
 Territory* belongs to the.....Community
 which is recognized as a backward class under :-

- @ Government of India, Ministry of Welfare Resolution No. 12011/68/93-BCC (C) dated 10th September, 1993 published in the Gazette of India Extraordinary Part-I, Section-1, No. 186 dated 13th September 1993.
- @ Government of India, Ministry of Welfare Resolution No. 12011/9/94-BCC dated 19th October, 1994, published in the Gazette of India Extraordinary Part-I, Section-1, No. 163 dated 20th October 1994.
- @ Government of India, Ministry of Welfare Resolution No. 12011/7/95-BCC dated 24th May, 1995 published in the Gazette of India Extraordinary Part-I, Section-1, No. 88 dated 25th May 1995.
- @ Government of India, Ministry of Welfare Resolution No. 12011/96/94-BCC dated 09th March, 1996 published in the Gazette of India Extraordinary Part-I, Section-1, No. 60 dated 11th March 1996.
- @ Government of India, Ministry of Welfare Resolution No. 12011/44/96-BCC dated 06th December, 1996 published in the Gazette of India Extraordinary Part-I, Section-1, No. 210 dated 11th December 1996.
- @ Government of India, Ministry of Welfare Resolution No. 12011/99/94-BCC dated 11th December, 1997 published in the Gazette of India Extraordinary Part-I, Section-1, No. 236 dated 12th December 1997.
- @ Government of India, Ministry of Welfare Resolution No. 12011/13/97-BCC dated 03rd December, 1997 published in the Gazette of India Extraordinary Part-I, Section-1, No. 239 dated 17th December 1997.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/68/98-BCC dated 27th October, 1999 published in the Gazette of India Extraordinary Part-I, Section-1, No. 241 dated 27th October 1999.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/88/98-BCC dated 06th December, 1999 published in the Gazette of India Extraordinary Part-I, Section-1, No. 270 dated 06th December, 1999.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/36/99-BCC dated 04th April, 2000 published in the Gazette of India Extraordinary Part-I, Section-1, No. 71 dated 04th April, 2000
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/44/99-BCC dated 21st September, 2000 published in the Gazette of India Extraordinary Part-I, Section-1, No. 210 dated 21st September, 2000.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12015/9/2000-BCC dated 06th September, 2001 published in the Gazette of India Extraordinary Part-I, Section-1, No. 246 dated 06th September, 2001.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/1/2001-BCC dated 19th June, 2003 published in the Gazette of India Extraordinary Part-I, Section-1, No. 151 dated 20th June, 2003.

- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/4/2002-BCC dated 13th January, 2004 published in the Gazette of India Extraordinary Part-I, Section-1, No. 09 dated 13th January, 2004.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/14/2004-BCC dated 12th March, 2007 published in the Gazette of India Extraordinary Part-I, Section-1, No. 67 dated 12th March, 2007.

Shri/Shrimati/Kumari*.....and/or* his/her*
family ordinarily resided in Village/Town.....of.....
District/Division* of the State/Union Territory* of.....

This is also to certify that he/she* does not belong to the person/sections* (Creamy layer) mentioned in column 3 of the Schedule to the Government of India, Department of Personnel & Training O.M. No. 36012/22/93-Estt. (SCT) dated 08th September 1993, O.M. No. 36033/3/2004-Estt (Res.) dated 09th March 2004 and O.M. No. 36033/3/2004-Estt. (Res) dated 14th October 2008.

Signature.....

Place.....

Date.....

**Designation.....

(With Seal of Office)

*please delete the words which are not applicable.

@Strike out whichever is not applicable.

Note : The term “Ordinarily reside(s)” used here will have the same meaning as in Section 20 of the Representation of the People Act, 1950.

****List of authorities empowered to issue OBC-NCL Certificate.**

- (i) District Magistrate/Additional District Magistrate/Collector/Deputy Commissioner/ Additional Deputy Commissioner/Deputy Collector/1st Class Stipendiary Magistrate/ #Sub-Divisional Magistrate/Taluka Magistrate/Executive Magistrate/Extra Assistant Commissioner. (#not below of the rank of 1st Class Stipendiary Magistrate)
- (ii) Chief Presidency Magistrate/Additional Chief Presidency Magistrate/Presidency Magistrate.
- (iii) Revenue Officers not below the rank of Tehsildar.
- (iv) Sub Divisional Officer of the Area Where the candidate and/or his/her family normally resides.
- (v) Administrator/Secretary to Administrator/Development officer (Lakshadweep).

Note 1: Candidates claiming to belong to OBC-NCLs should note that the name of their caste (including its spellings) as indicated in their certificates, should be exactly the same as published in the lists notified by the Central Government from time to time. A certificate containing any variation in the caste name will not be accepted.

Note 2: The OBC-NCL claim of a candidate will be determined in relation to the State (or part of the State) to which his/her father originally belongs. A candidate who has migrated from one State (or part of the State) to another should, therefore, produce an OBC-NCL certificate which should have been issued to him/her based on his/her father’s OBC-NCL certificate from the State to which he (father) originally belongs.

Annexure-4

FORM OF DECLARATION TO BE SUBMITTED BY THE OBC-NCL CANDIDATE

(in addition to the community certificate)

I Son/Daughter
of Shri..... resident of Village/Town/City
..... District..... State.....
hereby declare that I belong to the.....
community which is recognized as a backward class by the Government of India for the
purpose of reservation in services as per orders contained in Department of Personnel and
Training Office Memorandum No. 36102/22/93-Estt. (SCT) dated 08th September 1993. **It is
also declared that I do not belong to persons/sections/sections (Creamy Layer)
mentioned in column 3 of the Schedule to the Government of India, Department of
Personnel & Training O.M. No. 36012/22/93-Estt. (SCT) dated 08th September 1993,
O.M. No. 36033/3/2004-Estt. (Res.) dated 09th March 2004, O.M. No. 36033/3/2004-Estt.
(Res.) dated 14th October 2008 and O.M. No. 36033/1/2013 (Res.) dated 27th May 2013.**

Address (Ordinary Residence)

Signature.....

Full Name.....

Date.....

Annexure-5

CERTIFICATE FOR EWS

Government of _____
(Name & Address of the authority issuing the certificate)

**INCOME & ASSET CERTIFICATE TO BE PRODUCED BY
ECONOMICALLY WEAKER SECTIONS**

Certificate No. _____

Date _____

VALID FOR THE YEAR _____

This is to certify that Shri/Smt./Kumari _____
son/daughter/wife of _____ permanent resident of _____
_____, Village/Street _____ Post Office _____
District _____ in the State/Union Territory _____ Pin Code _____
_____ whose photograph is attested below belongs to Economically Weaker
Sections, since the gross annual income* of his/her "**family**"** is below Rs. 8 lakh (Rupees
Eight Lakh only) for the financial year _____. His/her family does not own or possess any of
the following assets*** :

- I. 5 acres of agricultural land and above;
- II. Residential flat of 1000 sq.ft. and above;
- III. Residential plot of 100 sq.yards and above in notified municipalities;
- IV. Residential plot of 200 sq.yards and above in areas other than the notified municipalities.
- V. Shri/Ms./Kumari _____ belongs to the _____ caste which is not recognized as Scheduled Caste, Scheduled Tribe and Other Backward Classes (Central List)

Recent Passport
size attested
photograph of
the applicant

Signature with seal of Office _____

Name _____

Designation _____

* Note 1 : Income covered all sources i.e. salary, agricultural, business, profession, etc.

** Note 2 : The term "Family" for this purpose include the person, who seeks benefit of reservation, his/her parents are siblings below the age of 18 years as also his/her spouse and children below the age of 18 years.

*** Note 3 : The property held by a "Family" in different locations of different places/cities have been clubbed while applying the land or property holding test to determine EWS status.

Annexure-6

CERTIFICATE FOR PERSONS WITH DISABILITY (PwD)

(Name & Address of the Institute / Hospital)

Certificate No. _____

Date _____

This is to certify that Shri/Smt./Kumari* _____
 son/daughter*/wife of _____ Age _____ years, Registration
 No. _____ is a case of Locomotor disability / Cerebral Palsy /
 Blindness / Low Vision / Hearing Impairment / Other Disability* and has been suffering from
 degree of disability not less than _____ % (_____). The details of his/her
 above mentioned disability is described below : (IN CAPITAL LETTERS)

Note :

1. This condition is progressive/non-progressive/likely to improve/not likely to improve.
2. Re-assessment is not recommended/is recommended after a period of _____ months/
 years.
3. The certificate is issued as per PWD Act, 1995. *Strike out which is not applicable.

Signature & Name of the Doctor

Seal

Signature / Thumb impression of the patient :

Recent Passport
 size attested
 photograph of
 the applicant
 showing the
 disability affixed
 here

Countersigned Medical Superintendent/
 CMO/Head of Hospital (With seal)

Annexure-7

**AFFIDAVIT BY THE STUDENT FOR
SUBMISSION OF MIGRATION CERTIFICATE/
TRANSFER CERTIFICATE (TC)**

(This format shall be notarized on a stamp of Rs. 10/-)

I, Son/Daughter of Mr./Mrs., having been admitted to **Lakshmibai National Institute of Physical Education, Gwalior**, and I have carefully read and fully understood the conditions / provisions contained in the below mentioned affidavit:-

- 1) I hereby solemnly aver and undertake that I will submit my Transfer/Migration Certificate by 31st October of the admission year.
- 2) I hereby affirm that if the Transfer/Migration Certificate is/are not submitted by me in the Institute (LNIFE) within the stipulated time limit i.e. 31st October of the admission year, in such circumstances, my admission shall be liable to be cancelled.
- 3) I hereby declare that I am well versed with the condition and I will abide by the stipulated time limit for submission of Migration Certificate and Transfer Certificate. In case I fail to do so, my admission shall be liable to be cancelled.

Declared this..... day of..... month of 2024.

.....
Signature of deponent
Name of Student:

VERIFICATION

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at.....on this the..... of....., 2024.

.....
Signature of deponent

Solemnly affirmed and signed in my presence on this the..... of.....,after reading the contents of this affidavit.

OATH COMMISSIONER

Annexure-8

**FORMAT OF AFFIDAVIT BY THE STUDENT
FOR ANTI-RAGGING**

(This format shall be notarized on a stamp of Rs. 100/-)

I,, S/o / D/o Mr./Mrs., having been admitted to **LNIPE, Gwalior / LNIPE Regional Off-Campus at Guwahati** have received a copy of the UGC Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009, (hereinafter called the “Regulations”) carefully read and fully understood the provisions contained in the said Regulations.

- 2) I have, in particular, perused clause 3 of the Regulations and am aware as to what constitutes ragging.
- 3) I have also, in particular, perused clause 7 and clause 9.1 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against me in case I am found guilty of or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.
- 4) I hereby solemnly aver and undertake that
 - a) I will not indulge in any behavior or act that may be constituted as ragging under clause 3 of the Regulations.
 - b) I will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under clause 3 of the Regulations throughout the course.
- 5) I hereby affirm that, if found guilty of ragging, I am liable for punishment according to clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken against me under any penal law or any law for the time being in force.
- 6) I hereby declare that I have not been expelled or debarred from admission in any institution in the country on account of being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, I am aware that my admission is liable to be cancelled.

Declared this.....day of..... month of..... year.

Signature of deponent
Name:

VERIFICATION

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at..... on this the..... of.....,

Signature of deponent

Solemnly affirmed and signed in my presence on this the.....of.....,after reading the contents of this affidavit.

OATH COMMISSIONER

Annexure-9

**FORMAT OF AFFIDAVIT BY PARENT/GUARDIAN
FOR ANTI-RAGGING**

(This format shall be notarized on a stamp of Rs. 100/-)

I, Mr./Mrs. father/mother/guardian of.....
having been admitted to **LNIFE, Gwalior / LNIFE Regional Off-Campus at Guwahati**
have received a copy of the UGC Regulations on Curbing the Menace of Ragging in Higher
Educational Institutions, 2009, (hereinafter called the “Regulations”), carefully read and fully
understood the provisions contained in the said Regulations.

- 2) I have, in particular, perused clause 3 of the Regulations and am aware as to what constitutes ragging.
- 3) I have also, in particular, perused clause 7 and clause 9.1 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against my ward in case he/she is found guilty of or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.
- 4) I hereby solemnly aver and undertake that
 - a) My ward will not indulge in any behavior or act that may be constituted as ragging under clause 3 of the Regulations.
 - b) My ward will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under clause 3 of the Regulations throughout the course.
- 5) I hereby affirm that, if found guilty of ragging, my ward is liable for punishment according to clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken against my ward under any penal law or any law for the time being in force.
- 6) I hereby declare that my ward has not been expelled or debarred from admission in any institution in the country on account of being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, the admission of my ward is liable to be cancelled.

Declared this.....day of.....month ofyear.

.....
Signature of deponent
Name :
Address :
Telephone/Mobile No.

VERIFICATION

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at.....on this the..... of.....,

.....
Signature of deponent

Solemnly affirmed and signed in my presence on this the (day) of (month), (year) after reading the contents of this affidavit.

Annexure-10

FORMAT OF AFFIDAVIT BY THE STUDENT REGARDING SPORTS ACHIEVEMENT/PARTICIPATION CERTIFICATE

(This format shall be notarized on a stamp of Rs. 50/-)

I, Son/Daughter of Mr./Mrs., have applied for admission in **Lakshmibai National Institute of Physical Education, Gwalior**, and solemnly declare that the certificate regarding “**Sports Achievement/Participation**” submitted by me, are true to the best of my knowledge. I also undertake that at any point of time if any information is found to be incorrect/false, I shall be liable to be rusticated from the Institute or shall bear other consequences thereof.

I shall fully abide by the decision of the Institute.

Declared this..... day of..... month of 2024.



.....
Signature of deponent
Name of Student:

VERIFICATION INDIA

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at.....on this the..... of....., 2024

.....
Signature of deponent

Solemnly affirmed and signed in my presence on this the..... of.....,after reading the contents of this affidavit.

OATH COMMISSIONER

Annexure-11**EMPLOYER'S NO OBJECTION CERTIFICATE***(Only for In-service Candidate)*

This is to certify that Mr./Ms.

is permanent/regular employee in this Institute/Organization/University and has been working in the Department on post of Since and total service experience is The Institute/Organization/University has no objection on Mr./Ms. to enroll and work for Ph.D. program. He/She will be relieved for a period of three (03) years for pursuing Ph.D. programme at LNIPE.

Date :

Place :

Signature of Employer & Seal

Annexure-12

PHYSICAL FITNESS TEST
Bachelor of Physical Education (B.P.Ed.)

50 METERS SPRINT
 (Performance Conversion Table)

Men				Women			
Timing (Seconds)	Points	Timing (Seconds)	Points	Timing (Seconds)	Points	Timing (Seconds)	Points
5.7 and Below	100	8.6	34	6.7 and Below	100	9.6	34
5.8	96	8.7	32	6.8	96	9.7	32
5.9	92	8.8	30	6.9	92	9.8	30
6.0	89	8.9	29	7.0	89	9.9	29
6.1	86	9.0	28	7.1	86	10.0	28
6.2	83	9.1	27	7.2	83	10.1	27
6.3	80	9.2	26	7.3	80	10.2	26
6.4	78	9.3	25	7.4	78	10.3	25
6.5	76	9.4	24	7.5	76	10.4	24
6.6	74	9.5	23	7.6	74	10.5	23
6.7	72	9.6	22	7.7	72	10.6	22
6.8	70	9.7	21	7.8	70	10.7	21
6.9	68	9.8	20	7.9	68	10.8	20
7.0	66	9.9	19	8.0	66	10.9	19
7.1	64	10.0	18	8.1	64	11.0	18
7.2	62	10.1	17	8.2	62	11.1	17
7.3	60	10.2	16	8.3	60	11.2	16
7.4	58	10.3	15	8.4	58	11.3	15
7.5	56	10.4	14	8.5	56	11.4	14
7.6	54	10.5	13	8.6	54	11.5	13
7.7	52	10.6	12	8.7	52	11.6	12
7.8	50	10.7	11	8.8	50	11.7	11
7.9	48	10.8	10	8.9	48	11.8	10
8.0	46	10.9	09	9.0	46	11.9	09
8.1	44	11.0	08	9.1	44	12.0	08
8.2	42	11.1	07	9.2	42	12.1	07
8.3	40	11.2	06	9.3	40	12.2	06
8.4	38	11.3 and Above	05	9.4	38	12.3 and Above	05
8.5	36	—	—	9.5	36	—	—

Annexure-13

PHYSICAL FITNESS TEST
Bachelor of Physical Education (B.P.Ed.)

STANDING BROAD JUMP
(Performance Conversion Table)

Men		Women	
Distance (Meters)	Points	Distance (Meters)	Points
2.85 and Above	100	2.35 and Above	100
2.80 - 2.84	95	2.30 - 2.34	95
2.75 - 2.79	91	2.25 - 2.29	91
2.70 - 2.74	87	2.20 - 2.24	87
2.65 - 2.69	84	2.15 - 2.19	84
2.60 - 2.64	81	2.10 - 2.14	81
2.55 - 2.59	78	2.05 - 2.09	78
2.50 - 2.54	75	2.00 - 2.04	75
2.45 - 2.49	72	1.95 - 1.99	72
2.40 - 2.44	69	1.90 - 1.94	69
2.35 - 2.39	66	1.85 - 1.89	66
2.30 - 2.34	63	1.80 - 1.84	63
2.25 - 2.29	60	1.75 - 1.79	60
2.20 - 2.24	57	1.70 - 1.74	57
2.15 - 2.19	54	1.65 - 1.69	54
2.10 - 2.14	51	1.60 - 1.64	51
2.05 - 2.09	48	1.55 - 1.59	48
2.00 - 2.04	45	1.50 - 1.54	45
1.95 - 1.99	43	1.45 - 1.49	43
1.90 - 1.94	41	1.40 - 1.44	41
1.85 - 1.89	39	1.35 - 1.39	39
1.80 - 1.84	37	1.30 - 1.34	37
1.75 - 1.79	35	1.25 - 1.29	35
1.70 - 1.74	33	1.20 - 1.24	33
1.65 - 1.69	31	1.15 - 1.19	31
1.60 - 1.64	29	1.10 - 1.14	29
1.55 - 1.59	27	1.05 - 1.09	27
1.50 - 1.54	25	1.00 - 1.04	25
1.45 - 1.49	24	0.95 - 0.99	24
1.40 - 1.44	23	0.90 - 0.94	23
1.35 - 1.39	22	0.85 - 0.89	22
1.30 - 1.34	21	0.80 - 0.84	21
1.25 - 1.29	20	0.75 - 0.79	20
1.20 - 1.24	19	0.70 - 0.74	19
1.15 - 1.19	18	0.65 - 0.69	18
1.10 - 1.14	17	0.60 - 0.64	17
1.05 - 1.09	16	0.55 - 0.59	16
1.00 - 1.04	15	0.50 - 0.54	15
0.99 and Below	14	0.49 and Below	14

Annexure-14

PHYSICAL FITNESS TEST
Bachelor of Physical Education (B.P.Ed.)

OVER HEAD BACK THROW
 (Performance Conversion Table)

Men (3 Kg Medicine Ball)		Women (2 Kg Medicine Ball)	
Distance (in meters)	Points	Distance (in meters)	Points
15.00 and Above	100	12.50 and Above	100
14.50	95	12.00	95
14.00	90	11.50	90
13.50	85	11.00	85
13.00	80	10.50	80
12.50	76	10.00	76
12.00	72	09.50	72
11.50	68	09.00	68
11.00	64	08.50	64
10.50	60	08.00	60
10.00	56	07.50	56
09.50	52	07.00	52
09.00	48	06.50	48
08.50	44	06.00	44
08.00	40	05.50	40
07.50	37	05.00	37
7.00	34	04.50	34
06.50	31	04.00	31
06.00	28	03.50	28
05.50	25	03.00	25
05.00	23	02.50	23
04.50	21	02.00	21
04.00	19	01.50	19
03.50 and Below	17	01.00 and Below	17

Annexure-15

PHYSICAL FITNESS TEST
Bachelor of Physical Education (B.P.Ed.)

1000 METERS RUN/WALK
(Performance Conversion Table)

Men				Women			
Timing (Minutes)	Points	Timing (Minutes)	Points	Timing (Minutes)	Points	Timing (Minutes)	Points
3:00 and Below	100	3:41 - 3:42	59	4:00 and Below	100	4:41 - 4:42	59
3:01	99	3:43 - 3:44	58	4:01	99	4:43 - 4:44	58
3:02	98	3:45 - 3:46	57	4:02	98	4:45 - 4:46	57
3:03	97	3:47 - 3:48	56	4:03	97	4:47 - 4:48	56
3:04	96	3:49 - 3:50	55	4:04	96	4:49 - 4:50	55
3:05	95	3:51 - 3:52	54	4:05	95	4:51 - 4:52	54
3:06	94	3:53 - 3:54	53	4:06	94	4:53 - 4:54	53
3:07	93	3:55 - 3:56	52	4:07	93	4:55 - 4:56	52
3:08	92	3:57 - 3:58	51	4:08	92	4:57 - 4:58	51
3:09	91	3:59 - 4:00	50	4:09	91	4:59 - 5:00	50
3:10	90	4:01 - 4:02	49	4:10	90	5:01 - 5:02	49
3:11	89	4:03 - 4:04	48	4:11	89	5:03 - 5:04	48
3:12	88	4:05 - 4:06	47	4:12	88	5:05 - 5:06	47
3:13	87	4:07 - 4:08	46	4:13	87	5:07 - 5:08	46
3:14	86	4:09 - 4:10	45	4:14	86	5:09 - 5:10	45
3:15	85	4:11 - 4:12	44	4:15	85	5:11 - 5:12	44
3:16	84	4:13 - 4:14	43	4:16	84	5:13 - 5:14	43
3:17	83	4:15 - 4:16	42	4:17	83	5:15 - 5:16	42
3:18	82	4:17 - 4:18	41	4:18	82	5:17 - 5:18	41
3:19	81	4:19 - 4:20	40	4:19	81	5:19 - 5:20	40
3:20	80	4:21 - 4:22	39	4:20	80	5:21 - 5:22	39
3:21	79	4:23 - 4:24	38	4:21	79	5:23 - 5:24	38
3:22	78	4:25 - 4:26	37	4:22	78	5:25 - 5:26	37
3:23	77	4:27 - 4:28	36	4:23	77	5:27 - 5:28	36
3:24	76	4:29 - 4:30	35	4:24	76	5:29 - 5:30	35
3:25	75	4:31 - 4:32	34	4:25	75	5:31 - 5:32	34
3:26	74	4:33 - 4:34	33	4:26	74	5:33 - 5:34	33
3:27	73	4:35 - 4:36	32	4:27	73	5:35 - 5:36	32
3:28	72	4:37 - 4:38	31	4:28	72	5:37 - 5:38	31
3:29	71	4:39 - 4:40	30	4:29	71	5:39 - 5:40	30
3:30	70	4:41 - 4:43	29	4:30	70	5:41 - 5:43	29
3:31	69	4:44 - 4:46	28	4:31	69	5:44 - 5:46	28
3:32	68	4:47 - 4:49	27	4:32	68	5:47 - 5:49	27
3:33	67	4:50 - 4:52	26	4:33	67	5:50 - 5:52	26
3:34	66	4:53 - 4:55	25	4:34	66	5:53 - 5:55	25
3:35	65	4:56 - 4:58	24	4:35	65	5:56 - 5:58	24
3:36	64	4:59 - 5:01	23	4:36	64	5:59 - 6:01	23
3:37	63	5:02 - 5:04	22	4:37	63	6:02 - 6:04	22
3:38	62	5:05 - 5:07	21	4:38	62	6:05 - 6:07	21
3:39	61	5:08 - 5:10	20	4:39	61	6:08 - 6:10	20
3:40	60	5:11 and Above	19	4:40	60	6:11 and Above	19

Annexure-16

SYLLABUS OF WRITTEN TEST

Doctor of Philosophy (Ph.D.)

Physical Education

Paper – I

RESEARCH METHODOLOGY

1. Meaning of Research, need, importance and scope of research in physical education, types of research, survey of related literature, need for library search, library sources, preparation of bibliography and abstracts.
2. Formulation and Development of Research Problem : Location of research problem, criteria in selecting the research problem, formulation of hypothesis, null and alternate.
3. Hypothesis, Assumptions and Limitations, Delimitations.
4. Historical Research, Scope of Historical Research in Physical Education, Historical Evidences, Validity of Historical Data.
5. Philosophical Research : Brief Introduction.
6. Survey Studies : Places of survey Research, Tools of Survey Research, Questionnaire and Interviews.
7. Case Studies : Definition of case Studies, Importance of Case Studies, Characteristics of Case Studies.
8. Experimental Research : Meaning, Scope and Nature, Control of Experimental Factors, Experimental Designs.
9. Research Proposal and Preparation of Research Report.
10. Definition of Statistics, Importance of Statistics in Physical Education and Sports Research, Statistical Processes.
11. Frequency Distribution : Steps of Frequency Table Construction.
12. Measures of Central Tendency, Computation of Measures of Central Tendency, Computation of Percentiles and Quartiles.
13. Measures of Variability : Computation of quartile Deviation, Mean Deviation and Standard Deviation.
14. Definition and Principles of Normal Curve, Properties of Normal Curve, Skewness, Kurtosis, Standard Scales – Percentile Scale, Z-Scale, T-Scale, 6Sigma Scale, Hull Scale, Standard Scores.
15. Correlation : Magnitude of correlation, Computation of correlation from Product Moment and Rank Difference Method.
16. Factors Affecting Reliability, t-ratio, Type-I and Type-II error, One Tailed and Two Tailed Tests.
17. Data and its types, Sampling and its types.
18. One-Way Analysis of Variance with equal and unequal sample size, LSD and Scheffe's Test.
19. Non Parametric Statistics : Meaning, Nature Techniques and Interpretation.

Paper – II (Physical Education)

PHYSICAL EDUCATION PEDAGOGY

1. Meaning definition and principles of curriculum, Preparation and selection of content of the curriculum at various levels.
2. Concepts, role and importance of education technology.
3. Communication : concept, process, principles and communication barriers.
4. Evaluating institutional performance: concept, method uses, pupil and teacher evaluation and institutional performance evaluation.
5. Various teaching methods and teaching techniques in physical education.
6. Values types and construction of various lesson plans.
7. Meaning, Definition and Principles of Sports Training, Means and method of development of motor abilities speed, strength, endurance, flexibility and coordinative abilities.
8. Meaning, types and importance of periodization.
9. Criteria of test selection and Steps for construction of Knowledge test, skill test and specific fitness test.
10. Skill test (Badminton, Basketball, Hockey, Soccer, Tennis and Volleyball).

EXERCISE PHYSIOLOGY

1. Structural and Functional classification of muscles.
2. Effect of exercise on Cardio-Respiratory System.
3. Thermoregulatory Mechanism.
4. Pulmonary volumes and Capacities.
5. Cardiac output during exercise, Target heart rate.
6. Cardiac arrest & coronary heart disease, Apoplexy, Hypertensive diseases.
7. Bioenergetics and neuromuscular junction.

SPORTS BIOMECHANICS

1. Introduction & Basic Concepts of Biomechanics, Motion, Newton's Law of motion, Centripetal and Centrifugal force.
2. Linear and Angular Kinematics : Distance and displacement, speed and velocity & Acceleration, Projectiles : Factors influencing projectile trajectory.
3. Linear and angular Kinetics : Inertia, Mass, Momentum, Force (Internal and External), Friction, Impact. Eccentric force, Couple, Equilibrium, Levers, Center of gravity, Moment of Inertia.
4. Fluid Mechanics : Flotation, Fluid Resistance Air & Water, Drag & lift. Spin, Effect of Spin, Work, Power & Energy.

5. Analysis of human movement : Mechanical Analysis of Fundamental skill such as Walking, Running, Jumping, Lifting, Pull & Push.
6. Biomechanical analysis of sports skill : Athletics, Basketball, Cricket, Football, Hockey & Volleyball.

SPORTS PSYCHOLOGY

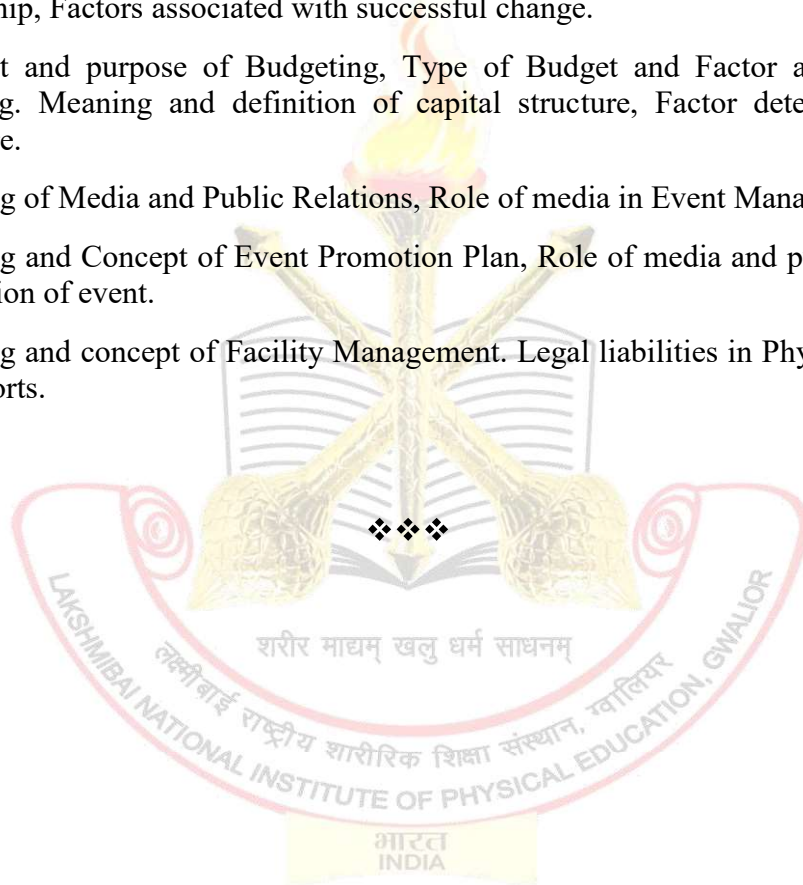
1. Meaning, Definition, Structure, Theories and Measurement of Personality.
2. Meaning, Definition, Structure, Theories and Measurement of Motivation (Need, Drive, Motive and Motivation Types).
3. Development during Infancy, Childhood, Adolescence and Adulthood (Physical, Cognitive, Emotional and Social Changes).
4. Meaning, Definition, Nature, Theories of Anxiety and Emotion. Types, Assessment and Management of Sport Anxiety.
5. Types, Assessment and Management of Sports Anxiety.
6. Meaning, Definition, Theories and measurement of Intelligence.
7. Meaning, Measurement and Development of Team Cohesion.
8. Relaxation Techniques in Sports.
9. PST and Sports Performance (Importance, Designing, Implementing and Common Problems).
10. Meaning, Definition, Theories and techniques of Counseling.

HEALTH EDUCATION

1. Objectives, Contents and Principles of Health Education.
2. Physiological effect of tobacco, Smoking and Alcohol (Immediate and Long Term).
3. Sources, Functions and Requirement of Protein, Fat, Carbohydrate, Vitamins and Minerals.
4. Factors to be kept in mind for preparing Balance Diet Chart.
5. Definitions, Causes and Management of Stress.
6. Causes and Prevention of Tuberculosis, Diphtheria, Cholera, Typhoid, Malaria, Dengue, AIDS, Leprosy, Rabies, Plague, Coronary Heart Diseases, Rheumatic Heart Disease and Cancer.
7. Biological effects and control of Air Pollution, Noise Pollution, Radiation and Artificial lighting.
8. Meaning, Objectives, Management Methods and Techniques of Health Planning.
9. Health System at National Level, State Level and District Level.
10. Objectives, Structure and Work of WHO, UNICEF, ILO, UNDP, FAO, CARE and Red-Cross Society.

SPORTS MANAGEMENT

1. Meaning and Concept of Management & Sports Management, Various approaches to management philosophy, Nature, Purpose, Objectives and Steps of Planning, Organizing and Directing.
2. Meaning, Concept and elements of organizational behavior, Organizational Environment and Process, Managerial skills and organizational goal.
3. Meaning of Personality & Job Satisfaction, Work motivation and factors for improving motivation, Leadership and change process, Scope & qualities of leadership, Factors associated with successful change.
4. Concept and purpose of Budgeting, Type of Budget and Factor affecting budget planning. Meaning and definition of capital structure, Factor determining capital structure.
5. Meaning of Media and Public Relations, Role of media in Event Management.
6. Meaning and Concept of Event Promotion Plan, Role of media and public relation in promotion of event.
7. Meaning and concept of Facility Management. Legal liabilities in Physical Education and Sports.



Annexure-17
FEE STRUCTURE
Bachelor of Physical Education (B.P.Ed.)
(Amount in Rupees)

S. No.	Name of the Head	Indian Students		Foreign Nationals/ NRI Students	
		I Semester	II Semester	I Semester	II Semester
Part-A					
1.	Tuition Fee	6,000/-	6,000/-	18,000/-	18,000/-
2.	Identity Card Fee	200/-	Nil	200/-	Nil
3.	Medi-Claim Insurance	800/- (Subject to Actual)	Nil	800/- (Subject to Actual)	Nil
4.	Caution Money (Refundable)	2,000/-	Nil	2,000/-	Nil
5.	Security Deposit Hostel (Refundable)	3,000/-	Nil	3,000/-	Nil
6.	Registration Fee	1,000/-	Nil	6,000/-	Nil
7.	Syllabus and Scheme of Examination Fee	400/-	Nil	400/-	Nil
8.	Admission Fee	1,000/-*	Nil	5,000/-*	Nil
9.	Examination Fee	3,000/-	3,000/-	3,000/-	3,000/-
10.	Sports Fund	4,000/-	4,000/-	12,000/-	12,000/-
11.	Development Fund	4,000/-	4,000/-	12,000/-	12,000/-
12.	Medical Fund	1,000/-	1,000/-	1,000/-	1,000/-
13.	Library Fund	1,000/-	1,000/-	1,000/-	1,000/-
14.	Student Welfare Fund	100/-	100/-	300/-	300/-
15.	Student Cultural/Literary Society Fund	1,000/-	1,000/-	1,000/-	1,000/-
Total		28,500/-	20,100/-	65,700/-	48,300/-
Part-B					
1.	Hostel Fee	5,000/-	5,000/-	10,000/-	10,000/-
2.	Mess Fee	27,500/-	27,500/-	27,500/-	27,500/-
Total		32,500/-	32,500/-	37,500/-	37,500/-
Total (Part A + B)		61,000/-	52,600/-	1,03,200/-	85,800/-

* Non refundable and payable at the time of counseling in addition to portal charges.

Note :

- The Institute reserves the right to change Fee Structure at any time due to unforeseen unavoidable circumstances.
- Fees for subsequent years will be as per decision taken by appropriate authority from time to time.
- Mess Fee will be subject to change at any time as per review made by Institute.



Annexure-18
FEE STRUCTURE
Master of Physical Education (M.P.Ed.)
(Amount in Rupees)

S. No.	Name of the Head	Indian Students		Foreign Nationals/ NRI Students	
		I Semester	II Semester	I Semester	II Semester
Part-A					
1.	Tuition Fee	6,000/-	6,000/-	18,000/-	18,000/-
2.	Identity Card Fee	200/-	Nil	200/-	Nil
3.	Medi-Claim Insurance	800/- (Subject to Actual)	Nil	800/- (Subject to Actual)	Nil
4.	Caution Money (Refundable)	2,000/-	Nil	2,000/-	Nil
5.	Security Deposit Hostel (Refundable)	3,000/-	Nil	3,000/-	Nil
6.	Registration Fee	1,000/-	Nil	6,000/-	Nil
7.	Syllabus and Scheme of Examination Fee	300/-	Nil	300/-	Nil
8.	Admission Fee	1,000/-*	Nil	5,000/-*	Nil
9.	Examination Fee	3,000/-	3,000/-	3,000/-	3,000/-
10.	Sports Fund	4,000/-	4,000/-	12,000/-	12,000/-
11.	Development Fund	4,000/-	4,000/-	12,000/-	12,000/-
12.	Medical Fund	1,000/-	1,000/-	1,000/-	1,000/-
13.	Library Fund	1,000/-	1,000/-	1,000/-	1,000/-
14.	Laboratory Fund	500/-	500/-	500/-	500/-
15.	Student Welfare Fund	100/-	100/-	300/-	300/-
16.	Student Cultural/Literary Society Fund	1,000/-	1,000/-	1,000/-	1,000/-
Total		28,900/-	20,600/-	66,100/-	48,800/-
Part-B					
1.	Hostel Fee	5,000/-	5,000/-	10,000/-	10,000/-
2.	Mess Fee	27,500/-	27,500/-	27,500/-	27,500/-
Total		32,500/-	32,500/-	37,500/-	37,500/-
Total (Part A + B)		61,400/-	53,100/-	1,03,600/-	86,300/-

* Non refundable and payable at the time of counseling in addition to portal charges.

Note :

- (i) *The Institute reserves the right to change Fee Structure at any time due to unforeseen unavoidable circumstances.*
- (ii) *Fees for subsequent years will be as per decision taken by appropriate authority from time to time.*
- (iii) *Mess Fee will be subject to change at any time as per review made by Institute.*



Annexure-19
FEE STRUCTURE
M.A. (Sports Management)
(Amount in Rupees)

S. No.	Name of the Head	Indian Students		Foreign Nationals/ NRI Students	
		I Semester	II Semester	I Semester	II Semester
Part-A					
1.	Tuition Fee	6,000/-	6,000/-	18,000/-	18,000/-
2.	Identity Card Fee	200/-	Nil	200/-	Nil
3.	Medi–Claim Insurance	800/- (Subject to Actual)	Nil	800/- (Subject to Actual)	Nil
4.	Caution Money (Refundable)	2,000/-	Nil	2,000/-	Nil
5.	Security Deposit Hostel (Refundable)	3,000/-	Nil	3,000/-	Nil
6.	Registration Fee	1,000/-	Nil	6,000/-	Nil
7.	Syllabus and Scheme of Examination Fee	300/-	Nil	300/-	Nil
8.	Admission Fee	1,000/-*	Nil	5,000/-*	Nil
9.	Examination Fee	3,000/-	3,000/-	3,000/-	3,000/-
10.	Sports Fund	4,000/-	4,000/-	12,000/-	12,000/-
11.	Development Fund	4,000/-	4,000/-	12,000/-	12,000/-
12.	Medical Fund	1,000/-	1,000/-	1,000/-	1,000/-
13.	Library Fund	1,000/-	1,000/-	1,000/-	1,000/-
14.	Laboratory Fund	500/-	500/-	500/-	500/-
15.	Student Welfare Fund	100/-	100/-	300/-	300/-
16.	Student Cultural/Literary Society Fund	1,000/-	1,000/-	1,000/-	1,000/-
Total		28,900/-	20,600/-	66,100/-	48,800/-
Part-B					
(Subject to stay in hostel and availing mess facilities)					
1.	Hostel Fee	5,000/-	5,000/-	10,000/-	10,000/-
2.	Mess Fee	27,500/-	27,500/-	27,500/-	27,500/-
Total		32,500/-	32,500/-	37,500/-	37,500/-
Total (Part A + B)		61,400/-	53,100/-	1,03,600/-	86,300/-

* Non refundable and payable at the time of counseling in addition to portal charges.

Note :

- The Institute reserves the right to change Fee Structure at any time due to unforeseen unavoidable circumstances.*
- Fees for subsequent years will be as per decision taken by appropriate authority from time to time.*
- Mess Fee will be subject to change at any time as per review made by Institute.*

Annexure-20
FEE STRUCTURE
M.A. (Yoga)
(Amount in Rupees)

S. No.	Name of the Head	Indian Students		Foreign Nationals/ NRI Students	
		I Semester	II Semester	I Semester	II Semester
Part-A					
1.	Tuition Fee	6,000/-	6,000/-	18,000/-	18,000/-
2.	Identity Card Fee	200/-	Nil	200/-	Nil
3.	Medi-Claim Insurance	800/- (Subject to Actual)	Nil	800/- (Subject to Actual)	Nil
4.	Caution Money (Refundable)	2,000/-	Nil	2,000/-	Nil
5.	Security Deposit Hostel (Refundable)	3,000/-	Nil	3,000/-	Nil
6.	Registration Fee	1,000/-	Nil	6,000/-	Nil
7.	Syllabus and Scheme of Examination Fee	300/-	Nil	300/-	Nil
8.	Admission Fee	1,000/-*	Nil	5,000/-*	Nil
9.	Examination Fee	3,000/-	3,000/-	3,000/-	3,000/-
10.	Sports Fund	4,000/-	4,000/-	12,000/-	12,000/-
11.	Development Fund	4,000/-	4,000/-	12,000/-	12,000/-
12.	Medical Fund	1,000/-	1,000/-	1,000/-	1,000/-
13.	Library Fund	1,000/-	1,000/-	1,000/-	1,000/-
14.	Laboratory Fund	500/-	500/-	500/-	500/-
15.	Student Welfare Fund	100/-	100/-	300/-	300/-
16.	Student Cultural/Literary Society Fund	1,000/-	1,000/-	1,000/-	1,000/-
Total		28,900/-	20,600/-	66,100/-	48,800/-
Part-B					
(Subject to stay in hostel and availing mess facilities)					
1.	Hostel Fee	5,000/-	5,000/-	10,000/-	10,000/-
2.	Mess Fee	27,500/-	27,500/-	27,500/-	27,500/-
Total		32,500/-	32,500/-	37,500/-	37,500/-
Total (Part A + B)		61,400/-	53,100/-	1,03,600/-	86,300/-

* Non refundable and payable at the time of counseling in addition to portal charges.

Note :

- The Institute reserves the right to change Fee Structure at any time due to unforeseen unavoidable circumstances.
- Fees for subsequent years will be as per decision taken by appropriate authority from time to time.
- Mess Fee will be subject to change at any time as per review made by Institute.

Annexure-21
FEE STRUCTURE
Diploma in Sports Coaching
(Only for Defense Personnel)
(Amount in Rupees)

S. No.	Name of the Head	Indian Students		Foreign Nationals/ NRI Students	
		I Semester	II Semester	I Semester	II Semester
Part-A					
1.	Tuition Fee	6,000/-	6,000/-	18,000/-	18,000/-
2.	Identity Card Fee	200/-	Nil	200/-	Nil
3.	Medi–Claim Insurance	800/- (Subject to Actual)	Nil	800/- (Subject to Actual)	Nil
4.	Caution Money (Refundable)	2,000/-	Nil	2,000/-	Nil
5.	Security Deposit Hostel (Refundable)	3,000/-	Nil	3,000/-	Nil
6.	Registration Fee	1,000/-	Nil	6,000/-	Nil
7.	Syllabus and Scheme of Examination Fee	200/-	Nil	200/-	Nil
8.	Admission Fee	1,000/-*	Nil	5,000/-*	Nil
9.	Examination Fee	3,000/-	3,000/-	3,000/-	3,000/-
10.	Sports Fund	4,000/-	4,000/-	12,000/-	12,000/-
11.	Development Fund	4,000/-	4,000/-	12,000/-	12,000/-
12.	Medical Fund	1,000/-	1,000/-	1,000/-	1,000/-
13.	Library Fund	1,000/-	1,000/-	1,000/-	1,000/-
14.	Laboratory Fund	500/-	500/-	500/-	500/-
15.	Student Welfare Fund	100/-	100/-	300/-	300/-
16.	Student Cultural/Literary Society Fund	1,000/-	1,000/-	1,000/-	1,000/-
Total		28,800/-	20,600/-	66,000/-	48,800/-
Part-B					
1.	Hostel Fee	5,000/-	5,000/-	10,000/-	10,000/-
2.	Mess Fee	27,500/-	27,500/-	27,500/-	27,500/-
Total		32,500/-	32,500/-	37,500/-	37,500/-
Total (Part A + B)		61,300/-	53,100/-	1,03,500/-	86,300/-

* Non refundable and payable at the time of counseling in addition to portal charges.

Note :

- (i) *The Institute reserves the right to change Fee Structure at any time due to unforeseen unavoidable circumstances.*
- (ii) *Fees for subsequent years will be as per decision taken by appropriate authority from time to time.*
- (iii) *Mess Fee will be subject to change at any time as per review made by Institute.*



Annexure-22
FEE STRUCTURE

**Post Graduate Diploma in Sports Coaching /
Post Graduate Diploma in Fitness Management /
Post Graduate Diploma in Strength & Sports Conditioning**

(Amount in Rupees)

S. No.	Name of the Head	Indian Students		Foreign Nationals/ NRI Students	
		I Semester	II Semester	I Semester	II Semester
Part-A					
1.	Tuition Fee	6,000/-	6,000/-	18,000/-	18,000/-
2.	Identity Card Fee	200/-	Nil	200/-	Nil
3.	Medi-Claim Insurance	800/- (Subject to Actual)	Nil	800/- (Subject to Actual)	Nil
4.	Caution Money (Refundable)	2,000/-	Nil	2,000/-	Nil
5.	Security Deposit Hostel (Refundable)	3,000/-	Nil	3,000/-	Nil
6.	Registration Fee	1,000/-	Nil	6,000/-	Nil
7.	Syllabus and Scheme of Examination Fee	200/-	Nil	200/-	Nil
8.	Admission Fee	1,000/-*	Nil	5,000/-*	Nil
9.	Examination Fee	3,000/-	3,000/-	3,000/-	3,000/-
10.	Sports Fund	4,000/-	4,000/-	12,000/-	12,000/-
11.	Development Fund	4,000/-	4,000/-	12,000/-	12,000/-
12.	Medical Fund	1,000/-	1,000/-	1,000/-	1,000/-
13.	Library Fund	1,000/-	1,000/-	1,000/-	1,000/-
14.	Laboratory Fund	500/-	500/-	500/-	500/-
15.	Student Welfare Fund	100/-	100/-	300/-	300/-
16.	Student Cultural/Literary Society Fund	1,000/-	1,000/-	1,000/-	1,000/-
Total		28,800/-	20,600/-	66,000/-	48,800/-
Part-B					
1.	Hostel Fee	5,000/-	5,000/-	10,000/-	10,000/-
2.	Mess Fee	27,500/-	27,500/-	27,500/-	27,500/-
Total		32,500/-	32,500/-	37,500/-	37,500/-
Total (Part A + B)		61,300/-	53,100/-	1,03,500/-	86,300/-

* Non refundable and payable at the time of counseling in addition to portal charges.

Note :

- (i) The Institute reserves the right to change Fee Structure at any time due to unforeseen unavoidable circumstances.
- (ii) Fees for subsequent years will be as per decision taken by appropriate authority from time to time.
- (iii) Mess Fee will be subject to change at any time as per review made by Institute.



Annexure-23

FEE STRUCTURE

Post Graduate Diploma in Yoga Education

(Amount in Rupees)

S. No.	Name of the Head	Indian Students		Foreign Nationals/ NRI Students	
		I Semester	II Semester	I Semester	II Semester
Part-A					
1.	Tuition Fee	6,000/-	6,000/-	18,000/-	18,000/-
2.	Identity Card Fee	200/-	Nil	200/-	Nil
3.	Medi-Claim Insurance	800/- (Subject to Actual)	Nil	800/- (Subject to Actual)	Nil
4.	Caution Money (Refundable)	2,000/-	Nil	2,000/-	Nil
5.	Security Deposit Hostel (Refundable)	3,000/-	Nil	3,000/-	Nil
6.	Registration Fee	1,000/-	Nil	6,000/-	Nil
7.	Syllabus and Scheme of Examination Fee	200/-	Nil	200/-	Nil
8.	Admission Fee	1,000/-*	Nil	5,000/-*	Nil
9.	Examination Fee	3,000/-	3,000/-	3,000/-	3,000/-
10.	Sports Fund	4,000/-	4,000/-	12,000/-	12,000/-
11.	Development Fund	4,000/-	4,000/-	12,000/-	12,000/-
12.	Medical Fund	1,000/-	1,000/-	1,000/-	1,000/-
13.	Library Fund	1,000/-	1,000/-	1,000/-	1,000/-
14.	Laboratory Fund	500/-	500/-	500/-	500/-
15.	Student Welfare Fund	100/-	100/-	300/-	300/-
16.	Student Cultural/Literary Society Fund	1,000/-	1,000/-	1,000/-	1,000/-
Total		28,800/-	20,600/-	66,000/-	48,800/-
Part-B					
(Subject to stay in hostel and availing mess facilities)					
1.	Hostel Fee	5,000/-	5,000/-	10,000/-	10,000/-
2.	Mess Fee	27,500/-	27,500/-	27,500/-	27,500/-
Total		32,500/-	32,500/-	37,500/-	37,500/-
Total (Part A + B)		61,300/-	53,100/-	1,03,500/-	86,300/-

* Non refundable and payable at the time of counseling in addition to portal charges.

Note :

- (i) The Institute reserves the right to change Fee Structure at any time due to unforeseen unavoidable circumstances.
- (ii) Fees for subsequent years will be as per decision taken by appropriate authority from time to time.
- (iii) Mess Fee will be subject to change at any time as per review made by Institute.



Annexure-24

FEE STRUCTURE DSM / DSJ / DY / DSA / DSN / DSP / PGDSEM (Open and Distance Learning mode)

(Amount in Rupees)

S. No.	Name of the Head	I Semester	II Semester
1.	Tuition Fee	8,000/-	8,000/-
2.	Registration Fee	1,000/-	1,000/-
3.	Syllabus and Scheme of Examination Fee	100/-	100/-
4.	Study Material	4,000/-	4,000/-
5.	Development Fund	3,000/-	3,000/-
6.	Student Welfare Fund	100/-	100/-
7.	Examination Fee	2,000/-	2,000/-
TOTAL		18,200/-	18,200/-
GRAND TOTAL		36,400/-	

Note :

1. The bonafide students who are pursuing regular course from the Institute are exempted from Development Fund, as they have paid the same for their respective regular course.
2. Fee for subsequent years will be as per decision made by appropriate authority from time to time.

Annexure-25
FEE STRUCTURE
Ph.D. Course Work and other Semesters

(Amount in ₹)

S. No.	Fee & Fund Heads	Indian Students		International/NRI Students	
		I Semester	II Semester Onwards*	I Semester	II Semester Onwards*
PART-A					
1.	Tuition Fees	6000.00	6000.00	18000.00	18000.00
2.	Identity Card Fees	200.00	--	200.00	--
3.	Medi-Claim Insurance	700.00	--	700.00	--
4.	Caution Money (Refundable)	2000.00	--	2000.00	--
5.	Security Deposit Hostel (Refundable)	3000.00		3000.00	
6.	Registration/ Immigration Fees	1000.00	--	6000.00	--
7.	Syllabus Fees	300.00	--	300.00	--
8.	Examination Fees	3000.00	3000.00	3000.00	3000.00
9.	Sports Fund	4000.00	4000.00	12000.00	12000.00
10.	Development Fund	4000.00	4000.00	12000.00	12000.00
11.	Medical Fund	1000.00	1000.00	1000.00	1000.00
12.	Student Cultural /Literary Society Fund	1000.00	1000.00	1000.00	1000.00
13.	Student Welfare Fund	100.00	100.00	300.00	300.00
14.	Computer Lab/ Laboratory Fee	1000.00	1000.00	1000.00	1000.00
15.	Library Fee	1000.00	1000.00	1000.00	1000.00
	Total	28300.00	21100.00	61500.00	49300.00
PART- B					
1.	Hostel Fees	5000.00	5000.00	10000.00	10000.00
2.	Mess Charges	27500.00	27500.00	27500.00	27500.00
	Total	32500.00	32500.00	37500.00	37500.00
	Total Part A + B	60800.00	53600.00	99000.00	86800.00

* The submission of Fee from II Semester Onwards will be applicable till successfully submission of final Ph.D. Thesis.

Note:

- Payment of **Part-A** is mandatory & **Part-B** is subject to availing Hostel & Mess facilities.
- The Institute reserves right to change Fees Structure at any time due to unforeseen unavoidable circumstances.
- Fees for subsequent years will be as per decision made by appropriate authority from time to time.
- Mess charges will be subject to change at any time as per review made by institute.

Annexure-26

UNIFORM

It is mandatory for the students to procure uniform/sports kit from the market, strictly as per below mentioned specification :-

B.P.Ed.

S. No.	Items	Boys	Girls
1.	T-Shirt (Light Grey)	Four	Four
2.	T-Shirt (White)	Two	Two
3.	Track Suit	One Set	One Set
4.	Short (Grey)	Four	Two
5.	Skirt (Grey)	-	Two
6.	Shirt (Full Sleeves) (White)	One	One
7.	Pant (Black)	One	One
8.	Tie	One	One
9.	Blazer (Navy Blue)	One	One
10.	Bag	One	One

M.P.Ed. / M.A. (Yoga) / PG Diploma / Diploma

S. No.	Items	Boys	Girls
1.	T-Shirt (Sky Blue)	Two	Two
2.	Track Suit (Royal Blue)	One Set	One Set
3.	Short (Navy Blue)	Two	One
4.	Skirt (Navy Blue)	-	One
5.	Shirt (Sky Blue)	One	One
6.	Pant (Black)	One	One
7.	Tie	One	One
8.	Blazer (Steel Grey)	One	One
9.	Bag	One	One

Remaining other courses offered by the Institute

S. No.	Items	Boys	Girls
1.	Shirt	One	One
2.	Pant	One	One
3.	Tie	One	One
4.	Blazer	One	One
5.	Bag	One	One

